

Dane County Comprehensive Community Services

Provider Directory

Revised 6/10/2021

Please remember to verify your provider is in-network at the facility and date of your appointment

| Service Facilitation | Diagnostic Evaluations | Employment Skill Development | Individual/Family Psycho-education | Individual Skill Development/Enhancement | Medication Management | Physical Health Monitoring | Peer Support | Psychotherapy | Substance Abuse Treatment | Wellness Management |
|----------------------|------------------------|------------------------------|------------------------------------|--|-----------------------|----------------------------|--------------|----------------------|---------------------------|----------------------|
| Anesis | | | Anesis | Anesis | | | Anesis | Anesis | Anesis | Anesis |
| | | | Anu | Anu | | | | | | |
| | ARC | ARC | ARC | ARC | ARC | ARC | ARC | ARC | ARC | ARC |
| | | Aspires247 | Aspires247 | Aspires247 | Aspires247 | Aspires247 | | | | Aspires247 |
| | | Better Bee | Better Bee | Better Bee | Better Bee | Better Bee | | | | Better Bee |
| | | | Capital Minds | Capital Minds | | Capital Minds | | | | Capital Minds |
| | | | Cascading Waters | Cascading Waters | | | | Cascading Waters | | |
| | | Catalyst for Change | Catalyst for Change | Catalyst for Change | | Catalyst for Change | | | | Catalyst for Change |
| | | | | CCLS | CCLS | CCLS | | | | CCLS |
| | CSSW | | CSSW | | | | | CSSW | | |
| | CTN | | CTN | CTN | | | | CTN | | |
| Chrysalis | | Chrysalis | | Chrysalis | | | Chrysalis | | | |
| | | | Collective Voices | Collective Voices | | | | | | |
| Common Threads | Common Threads | Common Threads | Common Threads | Common Threads | | | | Common Threads | | |
| | CCP | CCP | CCP | CCP | | | | CCP | | CCP |
| CCC | CCC | CCC | CCC | CCC | | CCC | | CCC | CCC | CCC |
| CLA | | CLA | CLA | CLA | CLA | CLA | | CLA | | CLA |
| | CSA-Pauquette | | CSA-Pauquette | CSA-Pauquette | | | | CSA-Pauquette | CSA-Pauquette | |
| | Connections | | | | | | Connections | Connections | Connections | |
| | | Cornucopia | | Cornucopia | | Cornucopia | Cornucopia | | | Cornucopia |
| | | | Counseling Solutions | Counseling Solutions | | | | Counseling Solutions | | |
| | | | Creative Forces | Creative Forces | | | | Creative Forces | | |
| | Deeper Insights | | Deeper Insights | | Deeper Insights | Deeper Insights | | Deeper Insights | | |
| | | Driftless Counseling | Driftless Counseling | Driftless Counseling | | | | Driftless Counseling | | Driftless Counseling |
| | | | | Dyer | | | | | | |
| | Ease-of-Mind | | Ease-of-Mind | Ease-of-Mind | Ease-of-Mind | Ease-of-Mind | | Ease-of-Mind | | Ease-of-Mind |
| | Edelweiss | | Edelweiss | | | | | Edelweiss | Edelweiss | |
| | Elite Cognition | Elite Cognition | Elite Cognition | Elite Cognition | Elite Cognition | Elite Cognition | | Elite Cognition | | Elite Cognition |
| | | EmployAbility | | EmployAbility | | | | | | |
| | | ERI | | ERI | | | ERI | | | |

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| | | Essence Realized | Essence Realized | Essence Realized | Essence Realized | | | | | Essence Realized |
| | FSM | FSM | FSM | FSM | | | | FSM | | FSM |
| FLYY | | FLYY | FLYY | FLYY | FLYY | FLYY | | FLYY | | FLYY |
| Focus Counseling | | | Focus Counseling | Focus Counseling | Focus Counseling | Focus Counseling | Focus Counseling | Focus Counseling | Focus Counseling | Focus Counseling |
| | | Forward Counseling | Forward Counseling | Forward Counseling | | | | Forward Counseling | Forward Counseling | Forward Counseling |
| | | | Foundations CC | Foundations CC | | | | Foundations CC | | |
| | Four Winds | | Four Winds | Four Winds | | | | Four Winds | Four Winds | |
| | | | | | | | | Ginko Counseling | | |
| | | | Golden Mend | Golden Mend | Golden Mend | Golden Mend | | Golden Mend | | Golden Mend |
| | | Goodwill | Goodwill | Goodwill | | | | | | |
| | | | Greenroot Yoga | Greenroot Yoga | | | | | | Greenroot Yoga |
| | | | Hancock CDMT | Hancock CDMT | | | | Hancock CDMT | | |
| HealthyMinds | HealthyMinds | HealthyMinds | HealthyMinds | HealthyMinds | HealthyMinds | HealthyMinds | HealthyMinds | HealthyMinds | HealthyMinds | HealthyMinds |
| Heartland | | Heartland | Heartland | Heartland | Heartland | Heartland | | Heartland | Heartland | Heartland |
| Hope Inspired | Hope Inspired | Hope Inspired | Hope Inspired | Hope Inspired | Hope Inspired | Hope Inspired | Hope Inspired | Hope Inspired | Hope Inspired | Hope Inspired |
| | | Horizon HS | Horizon HS | Horizon HS | Horizon HS | Horizon HS | Horizon HS | | | Horizon HS |
| | | Housing Initiatives | | Housing Initiatives | | Housing Initiatives | Housing Initiatives | Housing Initiatives | | |
| | ICC | | ICC | ICC | | | | ICC | | ICC |
| Insight Counseling | Insight Counseling | | Insight Counseling | Insight Counseling | | Insight Counseling | | Insight Counseling | Insight Counseling | Insight Counseling |
| | | | Jason Smith | Jason Smith | | | | Jason Smith | | |
| | JATC | | JATC | JATC | | | | JATC | | |
| JMHC | JMHC | JMHC | JMHC | JMHC | JMHC | JMHC | JMHC | JMHC | JMHC | JMHC |
| | | | Justin Woodward | Justin Woodward | | | | Justin Woodward | | |
| | Kabba Recovery | | Kabba Recovery | Kabba Recovery | | | | | Kabba Recovery | Kabba Recovery |
| KFT | | KFT | KFT | KFT | | | KFT | KFT | KFT | |
| | Kind Therapy | | Kind Therapy | | | | | Kind Therapy | | |
| LSS-OTSC | | | LSS-OTSC | LSS-OTSC | | | LSS-OTSC | LSS-OTSC | | LSS-OTSC |
| LSS | | | LSS | LSS | | | LSS | LSS | | LSS |
| | | | MAT | MAT | | | | MAT | | |
| MTT | MTT | | MTT | MTT | | | MTT | MTT | MTT | |

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|----------------------|------------------------|------------------------------|------------------------------------|--|-----------------------|----------------------------|-----------------|------------------|---------------------------|---------------------|
| | Maleck Therapy | | Maleck Therapy | | | | | Maleck Therapy | | |
| | Mercyland | | Mercyland | | Mercyland | Mercyland | | Mercyland | Mercyland | Mercyland |
| Monarch ARC | Monarch ARC | | Monarch ARC | | Monarch ARC | Monarch ARC | | Monarch ARC | Monarch ARC | Monarch ARC |
| | | | Moontree | | | | | Moontree | Moontree | Moontree |
| | | | Mosaic Consulting | Mosaic Consulting | | | | | | |
| | | Natures Ark | Natures Ark | Natures Ark | Natures Ark | Natures Ark | | | | Natures Ark |
| Neu K | Neu K | Neu K | Neu K | Neu K | Neu K | Neu K | | Neu K | | Neu K |
| | | New Growth MHC | New Growth MHC | New Growth MHC | | New Growth MHC | | New Growth MHC | New Growth MHC | New Growth MHC |
| ODCC | ODCC | | ODCC | ODCC | | | | ODCC | ODCC | |
| Orchestra X | Orchestra X | Orchestra X | Orchestra X | Orchestra X | Orchestra X | Orchestra X | Orchestra X | Orchestra X | Orchestra X | Orchestra X |
| Orion FS | | | Orion FS | Orion FS | | | | Orion FS | | |
| | | Our Generations | Our Generations | Our Generations | Our Generations | Our Generations | Our Generations | Our Generations | Our Generations | Our Generations |
| | | Partners in Care | Partners in Care | Partners in Care | Partners in Care | Partners in Care | | | | |
| | | | R U Fit | R U Fit | | R U Fit | | | | R U Fit |
| | | | Rainbow Marifrog | | | | | Rainbow Marifrog | | |
| RISE Wisconsin | RISE Wisconsin | RISE Wisconsin | RISE Wisconsin | RISE Wisconsin | RISE Wisconsin | RISE Wisconsin | RISE Wisconsin | RISE Wisconsin | | RISE Wisconsin |
| | | RISE Y&FS | RISE Y&FS | RISE Y&FS | | | | RISE Y&FS | | |
| | | | | | | | Safe Community | | | Safe Community |
| | Samaritan CC | | Samaritan CC | | | | | Samaritan CC | | |
| | | | Shariety Gibbs | Shariety Gibbs | | | | Shariety Gibbs | | |
| SOAR | SOAR | SOAR | SOAR | SOAR | SOAR | SOAR | SOAR | SOAR | SOAR | SOAR |
| SFC | | SFC | SFC | SFC | SFC | | | SFC | SFC | SFC |
| Tellurian | Tellurian | Tellurian | Tellurian | Tellurian | Tellurian | Tellurian | Tellurian | Tellurian | Tellurian | Tellurian |
| THI | | THI | THI | THI | THI | THI | THI | THI | THI | THI |
| TPC | TPC | | TPC | TPC | TPC | TPC | | TPC | TPC | |
| | TRP | | TRP | TRP | | | | TRP | | TRP |
| | T&AS | T&AS | T&AS | T&AS | | | T&AS | T&AS | T&AS | T&AS |
| Triquestrian | Triquestrian | Triquestrian | Triquestrian | Triquestrian | Triquestrian | Triquestrian | Triquestrian | Triquestrian | Triquestrian | Triquestrian |
| True Believers | | True Believers | True Believers | True Believers | True Believers | True Believers | | | True Believers | |

ANESIS CENTER FOR MARRIAGE AND FAMILY THERAPY LLC

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| <p>6417 ODANA Road STE 5 MADISON, WI 53719</p> <p>1201 INTERNATIONAL LANE STE 207 MADISON, WI 53704</p> | <p>Telephone: (608) 268-6530</p> <p>Fax: (608) 709-1744</p> <p>Website: http://anesistherapycenter.com/</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Peer Support * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: Birth - 64</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations: We do not specialize in treatment for autism or developmental disabilities</p> <p>Languages: Spanish</p> |
| <p>Service Description</p> <p>Our Mission: "Helping people navigate the mental health and wellness aspects of their life in a way that honors culture, family, community, and faith."</p> <p>We believe in the power of one's own story and creating a safe place to share those stories to start the healing process. Watch our video to learn more about Anesis Therapy and how we can help you find healing and rest.</p> <p>We love to collaborate with clients to help them draw from their own expertise, build on their own positive values, discover their own skills, and use these new tools to work through conflicts and hardships. We are systems therapist. What that means is: we like to approach problems that people have within the context of social, political and cultural storylines that influence the way we view ourselves and our own personal stories. We use this same approach in family therapy to seek ways to change the way the family system works rather than trying to "fix" a specific family member.</p> <p>We use cultural specific interventions for clients who are struggling with racial identity and/or living with families of different backgrounds including blended, adopted, and foster families. We hold specialties in Child-Parent Psychotherapy (CPP), Trauma Focused Cognitive Behavioral Therapy (TFCBT), Brain Spotting, substance abuse counseling, Eye Movement Desensitization and Reprocessing (EMDR) and ACT parenting.</p> <p>Emphasizing participation of clients in the therapy process is crucial to understanding that individual clients are our best resource in helping to resolve inner and circumstantial conflicts. We believe that the person is not the problem, the problem is the problem.</p> <p>Services provided in English, Spanish and Hmong.</p> | |

ANU FAMILY SERVICES, INC.

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| 258 CORPORATE Drive STE 205 MADISON, WI 53714 | Telephone: (715) 386-1547 Fax: (855) 329-2681 Website: www.anufs.org |
| Services Provided: * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement | Ages Served: Birth - 74 Service Location: Home, Office, Other Place of Service Service Limitations: |
| Service Description Parent Coaching: Parent coaching provides direct support and trauma effective education to parents to assist them to understand the reasons behind their child's behavior, to understand the effects of trauma, and to implement effective parenting strategies to meet the needs of their child. Intensive Trauma Services (ITS): Intensive Trauma Services (ITS) assists adults and youth to heal from their grief, loss, and trauma that they experienced throughout their childhood/lifespan. The goal of ITS is to assist the client to work through what has happened to them to help them understand how this has impacted who they are today. The focus is to not shame or blame, but instead to clarify these life events to work on moving forward into a more positive, healthy future, full of healthy supports and connections. ITS is not therapy, but the healing work is therapeutic for the client. | |

ARC COMMUNITY SERVICES INC - Outpatient Services

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| <p>2001 W. BELTLINE HWY. MADISON, WI 53713</p> <p>1409 EMIL STREET MADISON, WI 53713</p> | <p>Telephone: (608) 278-2300</p> <p>Fax: (608) 278-2313</p> <p>Website: www.arccommsserv.com</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 18 - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations: ARC offers services to adult women who have a substance use disorder and satisfy requirements for admission to an outpatient level of care under DHS 75.13 or DHS 35. We offer specialized programming for pregnant and post-partum women.</p> |
| <p>Service Description Individual and group interventions addressing substance use and co-occurring disorders utilizing cognitive behavioral techniques to address family and relationships, trauma, emotional regulation, anger management, and parenting.</p> | |

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| <p>3566 Sargent Street Madison, WI 53714</p> | <p>Telephone: (608) 445-6757 Fax: (608) 299-3748 Website:</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Physical Health Monitoring * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 13 - 49</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations: I have worked with individuals with visual limitations in a vocational capacity but would not be qualified to do mobility training with this population and I do not read Braille.</p> |
| <p>Service Description</p> <p>Anne Spires gained her passion and experience assisting people overcome barriers while respecting their personal values as a Transition Coordinator/Special Education teacher in school and community based settings. She helped students with multiple areas of difficulty access adult life and learning. The outcome based tools and strategies Anne uses are chosen according to the personal preference of her clients, their individual struggles and what they wish to achieve.</p> <p>Becoming the Transition Coordinator for Dane County, where she provided case management and guidance for young adults leaving school supports, was a natural next step that broadened her perspective and skills. Both as teacher and case manager Anne assisted clients and their teams to develop skills and structures to attain and sustain the life they wanted. She looks forward to continuing this work with you.</p> <p>The following are some, but not all, services available with Anne:</p> <ul style="list-style-type: none"> -Yoga Practice: Focus on promoting emotional regulation, trauma symptom management, pain relief, and relaxation. -HeartMath ADD Facilitator: I teach and use HeartMath techniques and technology during sessions. -Medication Management (non-prescriber). -Individual Skills Enhancement: Setting up schedules & routines to support work and life goals, accessing the community, using public transportation, time management techniques and aids, nutrition, cooking, grocery shopping, and developing fitness routines and habits. -Employment Related Skill Development: Job orientation, job coaching, social skills/soft skills instruction, using technology, checklists & alarms; helping you learn to ask for help and maintain composure at work and in the community. -Individual/Family Psychoeducation: Understanding your diagnosis, how it impacts you individually, and developing coping mechanisms to manage your recovery. Helping you and important people in your life understand what you experience and what is helpful for you. -Wellness Management and Recovery: Using nutrition and fitness to support and maintain mental health recovery. <p>Special areas of interest and expertise: Working with individuals with ADD/ADHD, co-occurring diagnoses, learning disabilities, and developing exercise routines and habits to improve overall health.</p> | |

BETTER BEE, INC.

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| 212 EAST VERONA AVE. STE B VERONA, WI 53593 | Telephone: (608) 335-0377 Fax: (608) 573-8200 Website: |
| Services Provided: * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Physical Health Monitoring * Wellness Management and Recovery/Recovery Support Services | Ages Served: 13 - 85+ Service Location: Home, Homeless Shelter, Office, Other Place of Service, School Service Limitations: I am unable to provide services to sexual offenders at this time. |
| Service Description Better Bee provides a variety of wellness services to promote a better life experience. We provide care that is patient-centered, culturally sensitive and LGBTQ-affirmative. We offer support in these areas: Individual Skill Development Individual and/or Family Psychoeducation Medication Management Physical Health Monitoring Employment Related Skill Development | |

CAPITAL MINDS, LLC

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| 2809 FISH HATCHERY Road STE D FITCHBURG, WI | Telephone: (608) 609-1849 Fax: Website: www.capitalminds.org |
| Services Provided: * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Physical Health Monitoring * Wellness Management and Recovery/Recovery Support Services | Ages Served: Birth - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: |
| Service Description Capital Minds provides a holistic approach to the overall health of families and individuals by using evidence based strategies and mindful practices. Our vision is to provide culturally competent services that promote the wellbeing of those we work with. We also encourage personal advocacy and healthy lifestyle choices. | |

CASCADING WATERS LLC

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| 6907 UNIVERSITY AVE. #223 MIDDLETON, WI 53562 | Telephone: (920) 224-3492 Fax: Website: |
| Services Provided: * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy | Ages Served: 4 - 49 Service Location: Home, Office, Other Place of Service Service Limitations: |
| Service Description Provide individual skills enhancement and psychotherapy to community members with an emphasis on psychosocial rehabilitation. Use of DBT skills, experiential therapy and systems approach to impress long-term, sustainable improvement on the well-being of individuals. With a history of personal training, also offer physical health improvement skills. | |

CATALYST FOR CHANGE, INC

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| <p>2075 WINNEBAGO STREET STE 1 MADISON, WI 53704</p> | <p>Telephone: (608) 305-4742 Fax: Website:</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Physical Health Monitoring * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 13 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations:</p> |
| <p>Service Description</p> <p>Mission Statement: Our mission is to eliminate human suffering one life at a time, through a multilayered approach, placing human dignity and development at the forefront of poverty, addiction, and homelessness.</p> <p>Intake:</p> <ol style="list-style-type: none"> I. Complete intake and initial assessment with clients. II. Build rapport and develop trusting relationships with clients. III. Familiarize ourselves with clients by scheduling weekly meetings. IV. Establish clients goals and a plan on how to achieve them. <p>Engagement:</p> <ol style="list-style-type: none"> I. Provide weekly or bi-weekly counseling sessions with clients. II. Develop written service and goal oriented plans to assist clients in achieving their goals. III. Continuously evaluate the needs of clients from a trauma-informed lens. IV. Monitor and document changes in clients' behaviors. V. Continue to build trust, engage clients, and reflect with them on how their mental health and substance use is affecting their daily lives. VI. Utilize evidence-based practices such motivational interviewing, cognitive-behavioral therapy, harm reduction, and trauma-informed care in sessions with clients. VII. Develop clients' interpersonal, financial, and life skills. VIII. Provide peer support specialists. IX. Provide education on the benefits of psychotropic medications if an option. X. Provide substance use counseling. XI. Provide wraparound services. We will take the client's lead on providing the services they deem necessary. <p>Exit:</p> <ol style="list-style-type: none"> I. If a client would no longer like to receive services, we will complete an exit questionnaire and assessment with them. II. If a client would like to switch providers, we will complete an exit questionnaire with the current provider, and then switch client to a new provider. | |

CREATIVE COMMUNITY LIVING SERVICES

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| <p>2001 W. BROADWAY AVE. MADISON, WI 53713</p> | <p>Telephone: (920) 261-1345 Fax: (920) 261-8003 Website: www.cclswi.org</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * Individual Skill Development and Enhancement * Medication Management * Physical Health Monitoring * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 18 - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations:</p> |
| <p>Service Description The Mission of CCLS is to establish and provide individualized supports. These supports will preserve and enhance the dignity and rights of those who must rely on others as they seek their own level of independence. Our Philosophy: We believe that every person is a valuable human being, and therefore will be treated with respect and dignity. We believe that there is dignity in risk, and that risks must be taken to grow beyond the safety of preconceived limitations. We believe that all people deserve to live in and be a part of the community. We believe that the physical environment of a community program reflects the dignity and worth of the individuals who live and work there, and therefore must be well maintained. We believe that all people deserve the right to choose, guide, and/or direct the way they live.</p> | |

CHILDRENS SERVICE SOCIETY OF WI

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| 1716 FORDEM AVE. MADISON, WI 53704 | Telephone: (608) 221-3511 Fax: (608) 221-6514 Website: www.chw.org |
| Services Provided: * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Psychotherapy | Ages Served: Birth - 21 Service Location: Office Service Limitations: Languages: Spanish |
| Service Description Children's Hospital of WI Community Services Child and Family Counseling is an outpatient mental health clinic offering psychotherapy services to children ages 0-18 and parents who are impacted by mental health concerns. Children's Hospital of WI Community Services Child and Family Counseling currently has three psychotherapists on staff. At times, there is a short wait list for psychotherapy. All of our therapists have extensive experience working with trauma, depression, anxiety, ADHD, gender dysphoria, emotional behavioral disturbance in children and adolescents and other various issues. Our staff has evidence based training in TF-CBT and CBT. Our therapists have additional education and certifications in play therapy, grief and loss, motivational interviewing and solution focused therapy. | |

CHILDREN'S THERAPY NETWORK, LLC

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| 639 Struck Street Madison, WI 53719 | Telephone: (608) 234-5990 Fax: (608) 819-6825 Website: www.ctn-madison.com |
| Services Provided: * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy | Ages Served: Birth - 17 Service Location: Office Service Limitations: Our specialty is sensory related and regulation issues that often co-exist amongst mental health concerns through family focused treatment. Parents must be able to attend and participate in sessions. Languages: American Sign Language, Spanish |
| Service Description Children's Therapy Network provides occupational therapy, mental health services and speech therapy services. We provide treatment using an integrated, family-focused model. We have expertise the treatment of trauma, behavioral concerns, attachment issues, movement disorder and sensory processing difficulties. | |

CHRYSALIS INC

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| 1342 DEWEY Court MADISON, WI 53703 | Telephone: (608) 256-3102 Fax: (608) 256-3103 Website: www.workwithchrysalis.org |
| Services Provided: * SERVICE FACILITATION (assessment/planning) * Employment-Related Skill Training * Individual Skill Development and Enhancement * Peer Support | Ages Served: 18 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: Chrysalis services are ideal for someone who has a vocational goal, or who would be interested in exploring vocational goals. Languages: Hmong |
| Service Description Chrysalis believes that every person with a mental health or substance use challenge is capable of working in the community. SUPPORTED EMPLOYMENT & EDUCATION: Chrysalis services follow Dartmouth's model of evidence-based Individual Placement and Supported (IPS) Supported Employment. The goal is to help participants find and maintain competitive, community-based employment that matches their individual skills, interests, and abilities. In addition to the IPS Model Chrysalis also supports employment and education goals through meaningful relationships and community building. VOCATIONAL PEER SUPPORT: The peer specialist movement embodies Chrysalis' strengths-based perspective. Chrysalis vocational peer specialists use their lived experience with mental health and/or substance use challenges to help other achieve their personal and work-related goals. Chrysalis Vocational Peer Specialists perform a wide range of tasks to assist consumers in regaining control over their lives, and their own recovery process. SERVICE FACILITATION: Chrysalis provides Service Facilitation from a lens of work as recovery. Individuals connected to Chrysalis Services Facilitation will have access to an Employment Specialist and Vocational Peer Specialist who are embedded within the team. Services Facilitators provide holistic supports with an emphasis on consumer involvement. | |

COLLECTIVE VOICES, LLC

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| PO BOX 243 DODGEVILLE, WI 53533 | Telephone: (608) 347-1432 Fax: Website: www.collective-voices.com |
| Services Provided: * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement | Ages Served: 4 - 84 Service Location: Home, Office, Other Place of Service Service Limitations: |
| Service Description 1. Conflict & Repair Dialogue • Three to ten is the average number of sessions per referral. Each session is 1 - 2 hours in length. • Conflict & Repair dialogue is a facilitated process used to address a specific conflict or patterns of conflict between two or more people that centers around restoring healthy relationships versus establishing "right" and "wrong." Conflict & Repair dialogue is a voluntary, collaborative form of communication and problem-solving. This service begins with the provider having one-on-one meetings with each party before a joint session can take place. Participants may: explore patterns of communication that stem from and result in fractured relationships, resolve long-standing differences, and learn to receive the concerns and feelings of others and empathize with their needs. 2. Family Circles • There are no maximum or minimum number of Family Circles per referral. Family Circles can involve multiple family members. Each session lasts 1.5 to 2 hours. • Family Circles provide a process for bringing two or more family members together as equals to talk about difficult issues in an atmosphere of respect. The intent of a Family Circle is to speak honestly about how each person is being impacted by one another, to seek mutual understanding, and to create agreements that serve every member. The process is based on an assumption of equal worth and dignity for all participants. Family Circles offer the opportunity to address and process harm, violence, misunderstandings, or long-standing conflict; or they may focus more on teaching and practicing tools. Each Family Circle is custom designed to meet each family's needs. 3. Grief Support Services • Individual sessions are typically 1 - 2 hours in length. • Grief Support Services can help people find meaning, value, and restored hope in the midst of suffering (or after incidents of grief and loss have occurred), even if the suffering itself cannot be removed. You and your provider can explore the feelings and thoughts and behaviors associate with losses and identify the innate strengths you possess that will support your healing. Grief Support Services help people adjust to their "changed" life, recognize the impacts that loss has left in its wake, and begin the process of rebuilding by learning tools and strategies to cope and process feelings and experiences. If making a referral, please find my referral form on my website: www.collective-voices.com/ | |

COMMON THREADS FAMILY RESOURCE CENTER

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| <p>5979 SIGGLEKOW Road MCFARLAND, WI 53558</p> <p>4800 IVYWOOD TRAIL MCFARLAND, WI 53558</p> | <p>Telephone: (608) 838-8999</p> <p>Fax: (608) 838-8988</p> <p>Website: www.commonthreadsmadison.org</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy | <p>Ages Served: 4 - 21</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations: We specialize in sensory, regulation and interoception issues that often co-occur with mental health concerns. However, we serve individuals with a wide-variety of mental health challenges and behavioral disorders beyond this. We cannot serve clients with serious sexual offenses or violent felonies.</p> |
| <p>Service Description</p> <p>Common Threads Family Resources Center, located minutes from Madison, WI, is both a state licensed mental health clinic with occupational and speech therapy, and a non-traditional school program. Both programs are geared towards individuals with affected by mental health challenges, behavioral disorders, sensory processing challenges and autism. Our experienced and talented team of professionals creates a daily environment of acceptance and growth where students and clients flourish. The multidisciplinary team includes top professionals from multiple treatment, development, and educational areas to ensure we provide the most appropriate and forward-thinking services for every individual client. We believe in every individual that walks through our door and embrace all families who seek out our center. Working collaboratively, we are far stronger. It is our privilege to be of service.</p> <p>CORE VALUES:</p> <ul style="list-style-type: none"> Believing in the potential of each client we serve Being devoted to success Honoring our clients' strengths Valuing relationship Meeting our clients where they are at | |

COMMUNITY CARE PROGRAMS INC

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| <p>6716 STONE GLEN Drive MIDDLETON, WI 53562</p> | <p>Telephone: (608) 827-7100 Fax: (608) 872-7101 Website: www.communitycareprograms.com</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: Birth - 21</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations: Child and adolescent specialty clinic. Age limit that we serve is 21.</p> |
| <p>Service Description Community Care Programs is a child and adolescent specialty clinic providing these unique services: Adolescent Sexual Offender work (STOP) and Psychosexual Assessments, Family Reunification, Dialectical Behavior Therapy (DBT), Trauma Focused Cognitive Behavior Therapy (TF-CBT), Trauma Informed Child Parent Psychotherapy (TI-CPP), Parenting and Psychological Evaluations.</p> | |

COMMUNITY COUNSELING CENTER OF MADISON WI INC

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| <p>6629 UNIVERSITY Avenue STE 209 MIDDLETON, WI 5</p> | <p>Telephone: (608) 833-5880 Fax: (608) 829-3787 Website: www.communitycounselingmadison.org</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 13 - 74</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations: Our office is located on the 2nd floor and there is no elevator, so clients must be able to navigate stairs.</p> |
| <p>Service Description The Community Counseling Center of Madison, Wisconsin, Inc. provides professional counseling by trained and skilled social workers, counselors, and licensed psychologists. The clinic is licensed by the State of Wisconsin (as an outpatient mental health clinic) and has been serving the community since 1975.</p> <p>Our therapeutic services include: individual therapy, group therapy, family therapy, couples therapy, marriage therapy, sex therapy, and play therapy. We specialize in treating eating disorders, AODA, learning disabilities, and trauma.</p> | |

COMMUNITY LIVING ALLIANCE

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| <p>1414 MacArthur Road Madison, WI 53714</p> | <p>Telephone: (608) 242-8335 Fax: (608) 240-7060 Website: www.clanet.org</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Physical Health Monitoring * Psychotherapy * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 18 - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations: We do not serve individuals with a primary diagnosis of Substance Abuse.</p> <p>Languages: Arabic, Spanish</p> |
| <p>Service Description</p> <p>Community Living Alliance (CLA) CLA is a local, non-profit, trauma-informed, community based organization. For over thirty (30) years CLA has been a trusted provider in Dane County and has designed and provided innovative programs and services that support the independent living needs of all people with disabilities and older adults.</p> <p>CLA has rich history in supporting individuals with all disabilities and those who have chronic health and pain conditions. These conditions often produce anxiety or depression and other symptoms which may challenge interpersonal relationships and limit one's ability to live a meaningful life. We partner with individuals to gain insight through education to effectively manage their symptoms and uncover barriers to achieve their recovery goals.</p> <p>The core values of our organization embraces the central tenets of the independent living philosophy. We believe that people should have a choice in the services that they receive and must be at the center of all treatment planning and goal identification.</p> <p>CLA as a trauma informed care organization embraces the principles of trauma based care and has a rich understanding and respect for an individual's journey towards health and wellbeing. We recognize the impact of social isolation and see great value in promoting opportunities for community connections and healthy interpersonal relationships.</p> | |

COMMUNITY SERVICE ASSOCIATES S.C. - Pauquette Center CCS

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| 2702 INTERNATIONAL LANE STE 102 MADISON, WI 53704 | Telephone: (608) 742-5518 Fax: (608) 742-4087 Website: www.pauquette.com |
| Services Provided: * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy * Substance Abuse Treatment | Ages Served: 4 - 85+ Service Location: Office Service Limitations: |
| Service Description Dialectical Behavior Therapy, Prolonged Exposure, alcohol and other drug abuse/substance use treatments, impaired driver assessments, domestic violence assessment and treatment. | |

CONNECTIONS COUNSELING LLC

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| 5005 UNIVERSITY Avenue STE 100 MADISON, WI 537 | Telephone: (608) 233-2100 Fax: (608) 233-2101 Website: www.connectionsounseling.com |
| Services Provided: * Diagnostic Evaluations * Peer Support * Psychotherapy * Substance Abuse Treatment | Ages Served: 13 - 74 Service Location: Office Service Limitations: Prefer to avoid patients younger than 13 years old. |
| Service Description AODA and mental health individual counseling AODA and mental health group counseling (25 groups/week) Psychiatry and addiction medicine Family counseling Adult Intensive Outpatient Program (IOP) both AM and PM sections (3 hours/day x 3 days/week) Dialectical Behavioral Training (DBT) for adolescents and adult programs | |

CORNUCOPIA INC

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| 2 S. INGERSOLL ST MADISON, WI 53703 | Telephone: (608) 249-7477 Fax: Website: www.copiarts.org |
| Services Provided: * Employment-Related Skill Training * Individual Skill Development and Enhancement * Peer Support * Physical Health Monitoring * Wellness Management and Recovery/Recovery Support Services | Ages Served: 18 - 74 Service Location: Home, Office, Other Place of Service Service Limitations: Cornucopia does not provide personal assistance/attendants for participants. A person with personal support needs must be accompanied by someone who can provide this. |
| Service Description Cornucopia peer support specialists will visit with you each week, either in-person (masks indoors or space outdoors) or by phone or internet, according to health standards and your preference. We listen to you, share personal and social skills, and support you in the decisions you make with family and other social or medical allies. We can also help when you want to focus on or organizing your home life, practicing social or work skills or finding your way in the world. | |

COUNSELING SOLUTIONS LLC

**100 HILLTOP DRIVE
MOUNT HOREB, WI 53572**

**725 HEARTLAND TRAIL
STE 104
MADISON, WI 53717**

Wheelchair Accessible

Services Provided:

- * Individual and/or Family Psychoeducation
- * Individual Skill Development and Enhancement
- * Psychotherapy

Telephone: (608) 843-3428

Fax:

Website:

Ages Served: 4 - 69

Service Location: Home, Office, Other Place of Service

Service Limitations:

Service Description

I utilize a client-centered, solution-focused and supportive approach. My expertise includes adolescents, adults and families. I make HeartMath a part of the healing process if helpful. I have been in private practice for 22 years in Madison. When necessary, I am happy to provide in-home treatment.

CREATIVE FORCES THERAPY, LLC

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| 301 S. BEDFORD STREET STE 7 MADISON, WI 53073 | Telephone: (608) 313-4060 Fax: (608) 999-7339 Website: www.creativeforcetherapy.com |
| Services Provided: * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy | Ages Served: Birth - 49 Service Location: Office Service Limitations: Primary area of focus is children and adolescents 1-18 with cognitive delays, disabilities and mental health or behavioral need. Service may include their parents, caregivers, and family members. Secondary would be work with grieving children 1-18. |
| Service Description Creative Forces Therapy provides art therapy, recreational therapy, psychotherapy and counseling services for children and adolescents with mental health needs, cognitive delays, and developmental disabilities. Our art therapists utilize artistic directives as a means of emotional expression. Clients are lead to use media within the creative process to create artwork that explores their feelings, reconciles emotional conflicts allowing for emotional regulation, foster self-awareness, helps to manage behaviors, develops social skills, improves reality orientation, reduces anxiety, and increases self-esteem. Our recreational therapists utilize client-specific goals focused on improving the client's overall health and well-being, functional independence with activities of daily living, and the quality of life through leisure modalities. Within therapy client's aim to increase their sense of inclusion within their community while removing barriers of accessibility, isolation, anxiety, and depression. | |

DEEPER INSIGHTS, LLC

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| <p>PO BOX 45272 MADISON, WI 53744-5272</p> <p>8383 GREENWAY BLVD. STE 600 MIDDLETON, WI 53562</p> | <p>Telephone: (608) 260-5138</p> <p>Fax: (608) 640-3521</p> <p>Website: www.deeperinsights.org</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none">* Diagnostic Evaluations* Individual and/or Family Psychoeducation* Medication Management* Physical Health Monitoring* Psychotherapy | <p>Ages Served: Birth - 85+</p> <p>Service Location: Office</p> <p>Service Limitations:</p> |
| <p>Service Description Deeper Insights take a comprehensive biopsychosocial approach in caring for the whole person. Dr. Stubbs has a breadth of experience including the provision of assessments and general outpatient psychotherapy with children, adults, and families; conducting diagnostic assessments with children, adolescents, and adults; conducting diagnostic evaluations and ongoing treatment evaluations with children on the Autism Spectrum, and providing integrated behavioral health services at two different community-based medical centers. Her clinical interests include integrated health care, neuropsychology, trauma-informed/focused care, psychopharmacology, and family/systems.</p> | |

DRIFTLESS COUNSELING, LLC

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| 118 E. JEFFERSON STREET VIROQUA, WI 54665 247 5TH AVENUE VIROQUA, WI 54665 | Telephone: (608) 606-6789 Fax: (608) 640-3513 Website: www.trailheadtm.org |
| Services Provided: * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy * Wellness Management and Recovery/Recovery Support Services | Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: |
| Service Description Our agency specializes in adventure based therapies and mentoring. We encourage outdoor sessions that incorporate natural, kinesthetic and adventure elements in our work. We also provide in-home family therapy and community based therapies and mentoring. | |

DYER MULTISENSORY APPROACH LLC

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| 3602 ATWOOD Avenue STE 4 MADISON, WI 53714 | Telephone: (608) 213-2814 Fax: Website: |
| Services Provided: * Individual Skill Development and Enhancement | Ages Served: 4 - 21 Service Location: Home, Office, Other Place of Service Service Limitations: |
| Service Description HeartMath biofeedback training delivered via the emWave Pro desktop and laptop computer software programs, the emWave2 handheld personal stress reliever device and the Inner Balance smartphone system. Mindfulness relaxation techniques and music from Listening Program from Advanced Brain Technologies. | |

EASE-OF-MIND MENTAL HEALTH SOLUTIONS, LLC

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| <p>2976 TRIVERTON PIKE DR. STE 225 FITCHBURG, WI 53711</p> | <p>Telephone: (608) 381-4976 Fax: (608) 284-7947 Website:</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Physical Health Monitoring * Psychotherapy * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: Birth - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations:</p> |
| <p>Service Description</p> <p>DIAGNOSTIC EVALUATION AND PRESCRIBING We have two prescribers</p> <p>MEDICATION MANAGEMENT/OBSERVATION Delivery and observing medications daily to weekly depending on individual client's needs to ensure medication compliance</p> <p>PHYSICAL HEALTH MONITORING -Monitoring Blood pressure, blood sugars, diet, sleep hygiene and more. -Work in collaboration with medical health providers to promote overall wellness</p> <p>WELLNESS MANAGEMENT AND RECOVERY/RECOVERY SUPPORT SERVICES</p> <p>ADVOCACY SERVICES -To ensure our clients are getting needed services including medical care</p> | |

EDELWEISS BEHAVIORAL HEALTH LLC

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| <p>6402 ODANA Road STE 301 MADISON, WI 53719</p> | <p>Telephone: (608) 205-4450 Fax: (608) 205-4450 Website: www.edelweissbehavioralhealth.com</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Psychotherapy * Substance Abuse Treatment | <p>Ages Served: 18 - 64</p> <p>Service Location: Office</p> <p>Service Limitations: Our Intensive Outpatient Program is specific to individuals suffering from eating disorders. Our outpatient dietitian and therapist(s) specialize in working with individuals with eating disorders, but also see individuals with other primary diagnoses.</p> |
| <p>Service Description</p> <p>Our goal at Edelweiss Behavioral Health is to provide specialized treatment to individuals struggling with Eating Disorders. Our experienced staff works collaboratively with each client to provide patient centered, individualized support to encourage recovery goals.</p> <p>We offer the following services:</p> <ul style="list-style-type: none"> -Intensive Outpatient Treatment for Individuals with Eating Disorders -Outpatient Dietary Counseling -Outpatient Individual Psychotherapy <p>Intensive Outpatient Program Description:</p> <p>Our IOP meets three days per week, three hours per day, on Mondays, Wednesdays and Thursdays. The program hours are from 5:00-8:00 pm, and includes: Supported meal groups, Specialized therapeutic and skill-based groups, Nutritional evaluation and counseling with a Registered Dietitian, Psychological evaluation and counseling with a Licensed Professional Counselor, Psychiatric services with a Board Certified Child, Adolescent and Adult Psychiatrist</p> <p>What is IOP? An Intensive Outpatient Program is a unique treatment program that offers more structure and support than individual outpatient therapy, while still offering the freedom and flexibility to engage in school and/or work activities. IOP offers the opportunity to develop sustainable coping skills, experience and problem solve through real-life situations in a supported group, and make connections that will support the recovery process.</p> | |

ELITE COGNITION, LLC

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| <p>5900 MONONA Drive STE 200 MONONA, WI 53716</p> | <p>Telephone: (608) 286-1132 Fax: (608) 449-2954 Website: www.elitecognitionllc.com</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Physical Health Monitoring * Psychotherapy * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 4 - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations:</p> |
| <p>Service Description</p> <p>At Elite Cognition it is our mission to provide strengths-based recovery services; using a trauma informed and eclectic approach, within the Dane County mental health community, by meeting the consumer where they are at in their personal journey. We hold the vision to be an agency that affects social change through humility and empowerment, while maintaining professionalism, integrity, purpose, spirituality, and continual growth for all.</p> <p>At Elite Cognition, our diverse staff are passionate professionals who specialize in a variety of areas, such as: adults with co-occurring disorders, trauma, attachment, abandonment, PTSD, family systems, parenting skills, anxiety, depression, ADHD, grief, transitioning from child to adulthood skill development, LBGTQ+ community, emotional behavioral needs in children/adolescents, low self--esteem/self-worth, to name a few. Staff tailor treatment to the specific goals the client is trying to achieve, utilizing a variety of treatment modalities and tools, to include: Psychotherapy, Counseling, Cognitive Behavioral Therapy (CBT), Trauma Focused CBT (TF-CBT), Mindfulness, Dialectical Behavior Therapy (DBT), Solution Focused Treatment, Strengths Based Motivational Interviewing, and more. Staff work to facilitate safe, supported and productive clinical outcomes.</p> <p>Additionally, everyone on the staff at Elite Cognition is trained in providing diagnostic assessments for children via Behavioral Support Plans (BSP), Law Enforcement Protocols (LEP), and Lagging Skills Assessment. Further all staff are Clinical Tele-mental Health Provider trained for Distance Therapy as of July2020.</p> | |

EMPLOYABILITY: EMPLOYMENT AND HOUSING SOLUTIONS

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| 2701 INTERNATIONAL Lane STE 205 MADISON, WI | Telephone: (608) 709-1034 Fax: (855) 815-0053 Website: www.employability-llc.com |
| Services Provided: * Employment-Related Skill Training * Individual Skill Development and Enhancement | Ages Served: 13 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: Languages: Hmong, Mandarin, Spanish |
| <p>Service Description</p> <p>EMPLOYMENT SERVICES</p> <p>EmployAbility provides one-one-one employment support services to help people find and sustain employment in the competitive market. Services include career exploration, customized job searching, employer outreach, new job training support, and help maintaining employment. Our Employment Specialists provided comprehensive support during the job search process that includes client-directed career exploration which can include job shadows with the goal being that the person can utilize their current strengths and abilities to secure employment without the need for additional training or education. We also work cooperatively with consumers to develop resumes and cover letters that are effective but also use the consumer's voice. Our goal is to not only help people find employment but give them the tools to be more effective in their own job search so, we also provide training on how to search for and apply to positions. When appropriate we also reach out to employers utilizing a strengths perspective to advocate for consideration for a posted job opening or to create a custom job based on the skills and abilities of the consumer.</p> <p>Interview preparation services include mock interviews, preparing for competency-based interview questions, and attending interviews with consumers when appropriate. Our Employment Specialists are also equipped to provide insight into what different employers/industries are seeking in an employee in order to provide customized preparation for specific interview locations.</p> <p>Upon accepting an offer of employment, we can provide any additional support to sustain the job. This support may include on-site job coaching, reasonable accommodation request assistance, advocacy, and mediation. There are no time constraints on these services and consumers can receive this these retention services at any point regardless of whether or not EmployAbility helped them obtain the job or how long they have been employed.</p> <p>HOUSING SUPPORT SERVICES</p> <p>EmployAbility provides customized housing support services to anyone in need of assistance in navigating the housing search process. We work with people to address various barriers to finding housing in addition to support with applying for housing that fits their identified goals.</p> <p>Additionally, EmployAbility offers a RentAbility Workshop for people who are seeking rental housing.</p> <p>This class can be facilitated for a group or individually. Five 1-hour sessions address topics including how to conduct an apartment search, understanding the hidden costs of renting, how to address barriers to finding housing such as evictions and poor credit, how to talk to property managers and neighbors, and who is responsible for cleaning, maintenance, and repairs.</p> | |

EMPLOYMENT RESOURCES INC

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| <p>2701 INTERNATIONAL Lane STE 210 MADISON, WI</p> | <p>Telephone: (608) 246-3444 Fax: (608) 264-3445 Website: www.eri-WI.org</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * Employment-Related Skill Training * Individual Skill Development and Enhancement * Peer Support | <p>Ages Served: 13 - 69 Service Location: Home, Office, Other Place of Service Service Limitations:</p> |
| <p>Service Description</p> <p>Disability Application Assistance Get experienced help in applying for disability benefits (Social Security's disability & Medicaid programs). We assist with completing application forms, provide education about the steps and agencies involved, and give support throughout the process until a determination is made.</p> <p>Employment Counseling ERI's employment services can help to identify strengths, define job goals, and build key skills needed to get and keep a job. Our Employment Specialists actively assist by guiding the job search, exploring job opportunities, and providing supports along the way to promote successful employment outcomes. Additionally, ERI provides Individual Placement and Support (IPS) employment services which involve a partnership between the CCS participant, the CCS Service Facilitation agency, the ERI Employment Specialist, and DVR.</p> <p>Benefits & Employment Counseling Through ERI's benefits and employment counseling services, build a better understanding of public benefits (SSDI, SSI, Medicaid, & Medicare Savings Programs) and the effects of work. Learn about work incentives, benefit program rules, and potential changes in benefits. Get your questions answered before starting a job or when making employment changes. We also help with problem-solving and reporting wages or changes to benefit agencies.</p> <p>Financial Skills Get assistance in moving forward with financial goals such as creating a budget, identifying spending habits, and cutting costs.</p> <p>Pre-Driving Assessment Test and practice driving skills on ERI's hands-on driving simulator. ERI's Driving Services Specialist provides objective feedback about abilities such as decision-making, reaction time, memory, and problem-solving. Our pre-driving assessment can help determine interest and potential in moving forward with driving training and getting a driver's license.</p> | |

ESSENCE REALIZED, LLC

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| <p>112 OWEN ROAD UNIT 6686 MADISON, WI 53716</p> | <p>Telephone: (608) 628-3312 Fax: Website: www.essencerealized.com</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 4 - 49 Service Location: Home, Office, Other Place of Service Service Limitations:</p> |
| <p>Service Description Essence Realized provides mental health support for families and children dealing with social, emotional, behavioral and mental health challenges. Our Rehabilitation Coaches work with children, families, schools and community members to effectively teach and build skills to help gain or restore independence.</p> <p>Sessions are individually tailored using a strength-based, client-centered approach drawing from evidence-based practices and experiential modalities to intentionally target the client's goals. We value collaboration with internal and external team members.</p> <p>Our team of providers work with clients in their natural environment, providing in-the-moment coaching to improve relationships, emotional regulation, communication, problem solving and tolerance. Positive interventions are utilized to support clients in managing the feelings, behaviors and emotions they may experience. Providers identify and build on areas of success to promote growth, and will work with the client system to transfer skills across environments.</p> <p>Our agency provides a multitude of services to assist clients in reaching their recovery goals. Our program offers mental health services including, but not limited to; teaching and developing skills, providing education and information to members of the client's support systems, helping find and secure healthy community connections, and empower clients to manage their mental health.</p> | |

FAMILY SERVICE MADISON, INC.

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| 128 E OLIN Avenue STE 100 MADISON, WI 53713 | Telephone: (608) 252-1320 Fax: (608) 252-1333 Website: www.fsmad.org |
| Services Provided: * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy * Wellness Management and Recovery/Recovery Support Services | Ages Served: Birth - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: Rule out severe Alzheimer's disease or related dementia. Rule out primary alcohol or other drug primary treatment. |
| Service Description Counseling and psychotherapy services to help people create change by providing mental health assessment and treatment services in a culturally sensitive manner | |

FORWARD LEARNING YOUTH AND YOUNG ADULTS INC.

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| <p>4785 HAYES ROAD STE 200 MADISON, WI 53704</p> <p>2940 CHAPEL VALLEY ROAD STE 4 FITCHBURG, WI 53711</p> | <p>Telephone: (608) 819-6390</p> <p>Fax: (608) 807-5167</p> <p>Website: www.flyy.org</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Physical Health Monitoring * Psychotherapy * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 4 - 59</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations: We are not able to serve clients with serious violent sexual charges, actively psychotic, or in need of detox services.</p> |
| <p>Service Description</p> <p>Established in 2011, FLYY is a community-based nonprofit serving youth, young adults and their parents or caregivers throughout Dane County. Typical participants are between ages 6 – 35, and parents or caregivers of any age. What sets FLYY’s mental health programming apart from others is the methodological framework used with participants (experiential education, restorative justice practices, and a family systems approach), as well as a drive and commitment to carry out its mission and values. FLYY serves individuals and families using a strengths-based recovery model designed to support long-term success.</p> <p>FLYY offers the following services:</p> <ul style="list-style-type: none"> • Individual Therapy/Psychoeducation • Individual Skill Development (Therapeutic Mentoring) • Parent Psychoeducation • Service Facilitation <p>All services are designed to help strengthen the client’s family and support system and are tailored to the unique needs of each participant.</p> <p>In order to promote maximum therapeutic growth, sessions often happen in a non-office setting. Staff utilize the non-traditional environment of the session as a tool for success, integration, and to facilitate the growth process. A typical session might be held outdoors to allow not only for verbal processing, experiential modeling, and teaching, but also for healing of the spirit.</p> <p>Other sessions may take place at a coffee shop, a library, at one of FLYY’s two office locations, or within the community by learning to use public transportation or to access other local resources. FLYY is able to customize the support needed by each individual and can design a plan that helps each participant become a healthy, productive community member.</p> | |

FOCUS COUNSELING INC.

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| <p>2901 INTERNATIONAL LANE STE 100 MADISON, WI 53704</p> | <p>Telephone: (608) 405-2055 Fax: (608) 285-5215 Website: www.focuscounselingwi.com</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 4 - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations: We do not provide prescriber services</p> |
| <p>Service Description</p> <p>One to one and group counseling and case management services for treatment of mental health and substance abuse disorders with emphasis on culturally competent service delivery.</p> <p>Employment training and support staff works one to one with clients to develop and enhance employment skills in preparation for on the job training opportunities designed to result in direct employment opportunities.</p> <p>Counseling staff with support from peer specialists and case management staff, work with clients toward enhancement of individual life skills including (but not limited to) improved hygiene and personal care, increased opportunities for stable housing, and increased social skills.</p> | |

FORWARD COUNSELING AND CONSULTATION, LLC

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| <p>6320 MONONA Drive STE 415 MONONA, WI 53716</p> | <p>Telephone: (608) 455-6070 Fax: (608) 455-0883 Website: www.forward-counseling.com</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 13 - 85+</p> <p>Service Location: Office</p> <p>Service Limitations:</p> |
| <p>Service Description</p> <p>Forward Counseling believes in treating the whole person which includes addressing your spiritual, physical, and social needs in combination with addressing mental health and overall recovery. Forward's clinicians provide individual psychotherapy, group work and individual skill development with a wide range of issues including; anxiety and mood disorders, psychosis, attachment, complex trauma, substance use disorders, grief/loss, interpersonal conflicts, homelessness, domestic violence, loss of independence and adjustment difficulties. Staff has extensive experience in treatment of complex trauma and working with dissociation on a spectrum. We use a mind-body approach to help individuals access their natural ability to heal from psychological and physical symptoms.</p> <p>Staff will tailor individual treatment based on need and preference which may include Eye Movement Desensitization and Reprocessing (EMDR), Trauma Release Exercise (TRE), Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT) and Behavioral Activation while focusing on techniques from expressive arts therapy, guided imagery, mindful breath and movement</p> | |

FOUNDATIONS COUNSELING CENTER, LLC

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| 629 RIVER STREET STE C BELLEVILLE, WI 53508 | Telephone: (608) 424-9100 Fax: (608) 424-9099 Website: www.foundationssc.com |
| Services Provided: * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy | Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: Languages: Spanish |
| Service Description Foundations Counseling Center provides intensive in-home mental health therapy services and therapeutic mentoring for children and adults. We are a trauma informed agency with therapists trained in Trauma Focused-Cognitive Behavioral Therapy (TF-CBT), Child Parent Psychotherapy (CPP), and EMDR. We specialize in serving youth and their families as well as older or disabled adults in their home environment. We also provide traditional outpatient therapy in our Belleville office. | |

FOUR WINDS COUNSELING, LLC

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| <p>437 S YELLOWSTONE Drive STE 219 MADISON, WI 5</p> | <p>Telephone: (608) 516-1734 Fax: (608) 284-9622 Website:</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy * Substance Abuse Treatment | <p>Ages Served: 18 - 79 Service Location: Office Service Limitations:</p> |
| <p>Service Description Dignity, professionalism, creativity, compassion and hope define our values at Four Winds Counseling. We provide trauma informed, culturally sensitive psychotherapy and related services for adults. We look forward to working with you and your team!</p> <p>Sue Moran, LPC, CSAC, ICS has 25 years of experience providing therapy for complex trauma, dissociative disorders, and co-occurring disorders. Sue is trained in EMDR and is a member of the International Society for the Study of Trauma and Dissociation.</p> <p>Jolin Mitchel, LPC has 13 years of experience providing support and advocacy for individuals with disabilities. Jolin provides therapy for gender/sexuality issues as well as disability related mental health issues.</p> <p>Gina Carolla, MS provides individual skill development and enhancement. Gina is pursuing her license as a professional counselor and focuses on emerging adults.</p> <p>May the four winds blow you safely home! -robert hunter</p> | |

GINKO COUNSELING SERVICES, L.L.C.

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| 2453 ATWOOD AVENUE STE 105 MADISON, WI 53704 | Telephone: (608) 658-3872 Fax: Website: |
| Services Provided: * Psychotherapy | Ages Served: 4 - 74 Service Location: Home, Office, Other Place of Service Service Limitations: |
| Service Description I provide effective counseling for individuals (adults, youth & children) and families (in-home is available), ages 5-75 with any mental health challenges. I enjoy working with people of diverse backgrounds and stories and see every client as a mosaic (not just a diagnosis). We work together to put the pieces together to understand the unique work of art that is you and your life and find a way forward. I'm certified in DBT, and practice CBT, expressive, play, narrative and other modalities to suit people's needs. Call to set up a consultation to see if we are a match to help you and/ or your loved ones on a healing path. | |

GOLDEN MEND WELLNESS AND COUNSELING LLC

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| 2809 FISH HATCHERY ROAD STE 202 MADISON, WI 53713 | Telephone: (608) 217-1262 Fax: (608) 729-8696 Website: |
| Services Provided: * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Physical Health Monitoring * Psychotherapy * Wellness Management and Recovery/Recovery Support Services | Ages Served: 13 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: |
| Service Description Neuroscience- informed holistic mental health services including fundamentals of behavior change, mindful eating, establishing movement / physical health routine: This includes learning techniques for posture, mobility restoration and learning correct movement patterns. Offer Trauma Informed CBT and Motivational Interviewing. Offer psychotherapy around reconciling sexual/ gender identify and faith. | |

GOODWILL INDUSTRIES OF SOUTH CENTRAL WISCONSIN, INC.

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| 1302 MENDOTA STREET MADISON, WI 53714 | Telephone: (608) 246-3140 Fax: (608) 246-1984 Website: www.goodwillscwi.org |
| Services Provided: * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement | Ages Served: 18 - 79 Service Location: Home, Office, Other Place of Service Service Limitations: Unable to serve individuals with history of arson, murder or registered sex offender in the group homes. |
| Service Description Career exploration and interest profiles, resume and interview training, soft-skills employment readiness training, job coaching and onsite support, job development and placement. | |

GREENROOT YOGA, LLC

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| <p>1 JUDY Circle MADISON, WI 53704</p> <p>408 S. BALDWIN STREET MADISON, WI 53703</p> | <p>Telephone: (608) 335-7163</p> <p>Fax:</p> <p>Website: www.clarenorelle.com</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 4 - 85+</p> <p>Service Location: Office</p> <p>Service Limitations: May prefer not to work with sex offenders at this time.</p> <p>Languages: Spanish</p> |
| <p>Service Description</p> <p>Trauma Center Trauma-Sensitive Yoga (TCTSY) is a flexible respectful adjunct treatment for people with complex trauma or traumatic stress from neglect, abuse, sexual assault, systems of oppression (racism, homophobia, etc), or other human violence. It targets primary symptoms of complex trauma, and is recognized by SAMHSA as an empirically validated adjunct treatment for people with complex trauma or treatment-resistant PTSD. TCTSY is also used to alleviate symptoms of anxiety and depression.</p> <p>TCTSY sessions can be chair-based for people with limited mobility, or can move through a range of forms in which people stand, sit, or lie on a yoga mat. The focus is on treating clients with respect for their dignity, using language that encourages them to practice making body-centered choices for movement, and inviting them to attend to what they might feel in their bodies in the present moment, to the extent that they want to or feel able to. A TCTSY facilitator does not touch or correct people; instead they will offer options for the practice, and support clients in choosing what they feel works best for their own bodies.</p> <p>TCTSY practices are rooted in the findings of trauma research. In PTSD and complex trauma the interoceptive pathways to the brain tend to become dysregulated or shut down. These pathways allow us to feel sensation in our bodies, and to make choices based on what we feel. Neuroscientists theorize that interoceptive processes are integral to our sense of who and how we are in the world, and to our experience of emotional well-being. TCTSY was developed, in part, to help these interoceptive processes become more dependable and accurate after trauma.</p> <p>Research has found that over time TCTSY can help to reactivate and regulate interoceptive pathways, improving a sense of connection with one's body and the ability to make intentional choices in life. Meanwhile the slower pacing, the focus on what you feel as you move into the yoga forms, and the respectful support, all can help you to practice yoga safely and well.</p> <p>The four overarching practices of Trauma Center Trauma-Sensitive Yoga are to 1) be attentive to the present moment, 2) make choices for how to move your own body, 3) pay attention to body sensations, and 4) create rhythms of movement, all within the context of a respectful, supportive relationship. A TCTSY facilitator may also talk with people and offer printed or audio support materials, to help clients better understand the causes and effects of complex trauma and make more informed choices to support mental health.</p> <p>In addition to offering TCTSY for complex trauma, anxiety, and depression, I am also certified to offer the Community Resiliency Model (CRM), an accessible approach to strengthening emotional and physiological resilience through a set of six easily learned skills that help the autonomic nervous system settle into a balanced state of calm and alertness. CRM is accessible for people of all ages and physical abilities, and can also be a helpful tool for people living with chronic pain.</p> <p>All services are available in English and in Spanish.</p> | |

HANCOCK CENTER FOR DANCE/MOVEMENT THERAPY, INC.

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| 16 N HANCOCK Street MADISON, WI 53703 | Telephone: (608) 251-0908 Fax: (608) 251-0939 Website: www.hancockcenter.net |
| Services Provided: * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy | Ages Served: Birth - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: No bi-lingual staff available. No 24-hour phone or crisis services available. |
| Service Description Dance Movement Therapy is psychotherapy grounded in the mind - body connection and the power of movement as communication. Dance / Movement Therapy (DMT) works with the whole person integrating movement, creative process, and verbal communication. It has potential to access emotions and issues that may be inaccessible in verbal therapy. It is an effective treatment for people with psychological, social, development, neurological, and physical challenges. | |

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| <p>2909 LANDMARK PLACE STE 102 MADISON, WI 53713</p> | <p>Telephone: (855) 458-4966 Fax: (608) 841-1200 Website: www.healthymindsllc.com</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 4 - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations:</p> <p>Languages: Hmong</p> |
| <p>Service Description</p> <p>Service Description: HealthyMinds is a culturally affirming outpatient mental health clinic who base our success on our client's long-term good health. We have extensive experience with the LGBTQ population and specific experience working with gender transitioning individuals. We believe in personalized care based on client's mental health concerns and offer a wide array of psychosocial rehabilitation services to clients across the lifespan who have needs for ongoing, high or low-intensity services resulting from mental health or substance use disorders. The services and supportive activities we provide to CCS clients with mental health and/or substance use conditions allow them to achieve their highest possible level of independent functioning, stability, independence, and to facilitate recovery.</p> <p>Specializations: Behavioral Health, Individual Psychotherapy, Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Interpersonal Therapy (ITP), Acceptance and Commitment Therapy (ACT), Group Psychotherapy, Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Acceptance and Commitment Therapy (ACT), Addiction (Substance Use Disorder), Supporting parents and children through the facilitation of Nurtured Heart Approach® groups and home visits, Marriage and Family Therapy, Trauma Informed Therapy, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Acute Trauma Intervention Protocols (ATIP), Eye Movement Desensitization and Reprocessing (EMDR), Child and Adolescent mental Health, Mental Health Counseling, Psychological First Aid, Critical Incident Stress Management, Eye Movement Desensitization and Reprocessing (EMDR).</p> <p>Conditions Treated: Trauma, Crisis, Suicide Prevention, Substance Abuse, Victim Assistance, Sexual Abuse, Anxiety, Depression, Grief and Loss, Sports Psychology, Eating Disorders, Financial Discords, Life Transitions, Gender Transitioning.</p> | |

HEARTLAND ALLIANCE HEALTH

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| <p>715 RETHKE Avenue MADISON, WI 53714</p> | <p>Telephone: (773) 751-4054 Fax: (773) 751-4175 Website: www.heartlandalliance.org/heartland-alliance-health/</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 18 - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations:</p> |
| <p>Service Description</p> <p>Rethke Terrace is a 60-unit residential supportive permanent housing program that serves single adults (veterans and chronically homeless). Supportive services are provided by Heartland Alliance Health and are designed for current residents of the building. Starting in 2021 program staff will be available on-site 7 days a week (Sunday – Saturday). Rethke Terrace offers residents an independent, safe environment with on-site supportive services designed to assist residents in achieving long-term housing stability and to promote personal growth and well-being. Individual and group services that will be provided are: Linkage to psychiatric care, Linkage to primary care , On-site representative payee services, Substance use services, Life skills groups, Financial literacy, Counseling/Therapy, Linkage and assistance with completing benefits applications, Linkage and assistance with employment and vocational services, Advocacy, Linkage to other services as needed.</p> | |

HOPE INSPIRED LLC

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| <p>PO BOX 4 HOLLANDALE, WI 53544</p> | <p>Telephone: (844) 467-3467 Fax: (844) 502-1200 Website: www.HopeInspiredWI.com</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 13 - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations:</p> |
| <p>Service Description</p> <p>HOPE Inspired is a Service Facilitation and Array services agency that specializes in services to people who have experienced complex trauma and have substance use and/or mental health concerns. Staff have specialized experience/training in trauma treatment.</p> <p>We also have staff experienced in working with children, adolescents, and transitional age youth (18-21) who are looking for ways to increase their independence as young adults. Our staff utilizes a family systems as well as a person-in-environment approach with clients, where we recognize that there are many factors that contribute to child/adolescent/adult mental health/substance use concerns. We are experienced in working with school districts regarding best opportunities for success with struggling students.</p> <p>We work closely with community housing and employment agencies, the medical community, and other community resources.</p> <p>Additionally, staff is experienced in working with the criminal justice system and population, and provides emotionally safe, non-judgmental services for all clients, including advocacy in the court system.</p> <p>We believe unconditionally in people's strength, resourcefulness, and possibility. We work with compassion, integrity, and warmth with the aim that our clients leave our time together with a deeper sense of purpose, understanding, and empowerment to live life under their terms and with a sense of peace. The strengths that we see in people give us hope. The intention of our work is to help clients find where their hope comes from, because with hope, anything is possible.</p> <p>We combine best practices to fit the needs of our clients, and we collaborate with other CCS agencies to ensure our clients have the complete care and team they need to reach their goals.</p> <p>Hope Inspired offers:</p> <ul style="list-style-type: none"> -Service Facilitation/Service Planning/Screening and Assessment-Adults and Children over the age of 10 -Individual Skill Development and Enhancement -Individual and/or Family Psychoeducation -Employment Related Skill Development -Substance Abuse Treatment -Psychotherapy | |

HORIZON HIGH SCHOOL OF MADISON, INC.

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| <p>5003 UNIVERSITY Avenue STE 185 MADISON, WI 537</p> | <p>Telephone: (608) 442-0935 Fax: Website: www.horizonhs.org</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 13 - 21 Service Location: Home, Office, Other Place of Service Service Limitations: We do not have wheel chair access</p> |
| <p>Service Description Horizon High School is a recovery high school. This means our environment and curriculum are structured to provide a safe and sober learning atmosphere for students in recovery from drug or alcohol abuse. The classroom setting is small, in order to promote an individualized curriculum and to allow for students' needs. Horizon High School's guideline for enrollment is to maintain a staff to student ratio of five to one. Our student population varies and is usually between 12-14 students. Although the program is targeted at teens in recovery, anyone that needs an alternative to a traditional high school setting is welcome. Horizon does NOT limit enrollment only to students in recovery. To maintain an engaging and educational atmosphere, Horizon High School incorporates guest speakers, life skills education, physical education and field trips. Generally, an outing is planned every week to engage students in their community. Students are encouraged to participate in a variety of activities, both at school and after school, in order to help them maintain their recovery and develop into well-rounded community members. Since Horizon's creation, over 160 young people have attended. Today many of these former students are enrolled in colleges and universities, in the military, or working as contributing members of our community. The mission of Horizon High School is to provide a school that fosters emotional, social and academic growth for students who want to learn in an alcohol- free, drug free environment. Students will actively assume responsibility.</p> | |

HOUSING INITIATIVES INC

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| 1110 RUSKIN Street MADISON, WI 53704 | Telephone: (608) 467-7223 Fax: (608) 277-1726 Website: http://housinginit.org |
| Services Provided: * Employment-Related Skill Training * Individual Skill Development and Enhancement * Peer Support * Physical Health Monitoring * Psychotherapy | Ages Served: Birth - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: HHI serves clients who have been identified as chronically homeless and prioritized at the top of the Dane County Service Prioritizations list. In addition, HII serves only clients with a diagnosed severe mental illness. The CCS provider would offer services only to clients of HII. |
| Service Description The Housing Services Coordinator will offer an array of services to clients of Housing Initiatives. | |

IMAGINE A CHILD'S CAPACITY, LLC

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| 128 E OLIN Avenue STE 201 MADISON, WI 53713 | Telephone: (608) 316-1149 Fax: (608) 252-1333 Website: https://icc-wi.org |
| Services Provided: * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy * Wellness Management and Recovery/Recovery Support Services | Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: |
| Service Description At ICC, our staff has expertise in helping people with autism spectrum disorder, ADHD, Down syndrome, sensory integration disorder, mood disorder, anxiety, depression obsessive compulsive disorder, as well as individuals who have experienced trauma, and many other challenges that lead to emotional, social or developmental delays. We specialize in supporting individuals with both developmental disabilities and mental health needs . By utilizing a balanced combination of relationship based intervention, sensory informed strategies, applied behavior analysis, cognitive behavioral therapy, and other evidenced based practices. Imagine a Child's Capacity's team of providers is committed to helping those they support achieve personal growth and overall well-being using a positive, individualized and person-centered approach. Services can take place in your home, the community or at our clinic. | |

INSIGHT COUNSELING & WELLNESS, LLC

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| <p>2021 ATWOOD Avenue MADISON, WI 53704</p> <p>2002 ATWOOD AVE STE 205 MADISON, WI 53704</p> | <p>Telephone: (608) 244-4859</p> <p>Fax: (608) 244-6809</p> <p>Website: www.insightmadison.com</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none">* SERVICE FACILITATION (assessment/planning)* Diagnostic Evaluations* Individual and/or Family Psychoeducation* Individual Skill Development and Enhancement* Physical Health Monitoring* Psychotherapy* Substance Abuse Treatment* Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 4 - 84</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations:</p> <p>Languages: Spanish</p> |
| <p>Service Description</p> <p>At Insight, we offer holistic interventions, which means that we consider wellness of each person's mind, body and spirit. We offer individualized attention and cater our services to the unique need of each person. We are skilled in employing body-centered therapies when appropriate, such as dance/movement therapy, somatic-expressive therapy and yoga therapy. We are also versed in mindfulness meditation and EMDR (eye movement desensitization and reprocessing). Our therapists are master's and doctoral-level professionals in counseling, social work or marriage and family therapy.</p> | |

JASON C SMITH MA LMFT LLC

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| 111 S 1ST Street STE 160 MADISON, WI 53704 | Telephone: (608) 977-1864 Fax: (608) 255-2752 Website: www.smiththerapymadison.com |
| Services Provided: * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy | Ages Served: 4 - 79 Service Location: Home, Office, Other Place of Service Service Limitations: Female ages served: 4-17 years old |
| Service Description I provide culturally inclusive, person-centered and wellness-focused services that promote an individual's social-emotional wellbeing, life balance and prevent or decrease mental health symptoms. this comes by continually learning, understanding and implementing evidence-based strategies, acknowledging that the person is the expert in their lives and healing can look differently for everyone. I have extensive experience working with children, adolescents, families and adults struggling with a variety of concerns including Anxiety, Depression, Disruptive behaviors, Trauma, Grief/Loss, Anger and adjusting to transitions in life. I will typically use CBT, Solution-focused, Narrative and Motivational Interviewing as methods for treatment. I hold traditional business hours and am available to work in the community if transportation is a barrier. | |

JUVENILE ASSESSMENT & TREATMENT CENTER

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| <p>2453 ATWOOD Avenue STE 102 MADISON, WI 53704</p> | <p>Telephone: (608) 242-8780 Fax: (608) 242-8780 Website:</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy | <p>Ages Served: 4 - 21 Service Location: Office Service Limitations:</p> |
| <p>Service Description</p> <p>Juvenile Assessment and Treatment Center provides community based outpatient psychosexual assessments and treatment for juveniles with sexual offending issues and their families. Juveniles receive an intake assessment using current research-based tools that address risk factors for juvenile offenders: JSOAP II (Juvenile Sexual Offender Assessment Protocol II) and ERASOR, v2 (Estimate of Risk of Adolescent Sexual Offense Recidivism, Version 2). Therapists engage juveniles and their families in developing treatment goals including: developing accountability by acceptance of responsibility for their offenses, attainment of competency in developing healthy sexuality and relationships, increasing their understanding of the emotional, psychological, and situational factors that precipitated their offenses. Manage all clinical and administrative aspects of the clinic.</p> <p>JATC further develops curriculum for all treatment programs and evaluates all referrals for admission to the treatment program. Conduct initial intake assessments using the JSOAP II (Juvenile Sexual Offender Assessment Protocol II), the ERASOR, v2 (Estimate of Risk of Adolescent Sexual Offense Recidivism, Version 2) and the SAPROF (Structured Assessment of Protective Factors for Violence Risk): Youth Version. JATC further develops treatment goals as determined by the areas of risk on each scale and other presenting issues. Therapists evaluate treatment goals quarterly with the treatment team. and reassesses factors related to re-offense risk every six months using the JSOAP and ERASOR. JATC also provides individual and family therapy to youth in the program. and participates in monthly treatment team meetings to discuss youth's progress. JATC further coordinates victim/offender clarification sessions and family reunification sessions/safety planning with the victim's therapist when appropriate. JATC further Assesses which youth receive referrals for psychiatric services JA Supervise, train, and evaluate treatment staff.</p> <p>JATC also conducts psychosexual assessments, using current research-based assessment tools for juveniles. to determine factors related to re-offense risk. Evaluate level of community supervision or need for community placement and recommend appropriate treatment modalities to mitigate risk. Testify in juvenile court regarding psychosexual and treatment recommendations as needed.</p> <p>Furthermore, JATC provides training and consultation services to county and private agencies regarding identification, assessment, and treatment of juvenile sexual offenders. and an understanding the impact of their assault(s) upon their victim(s) and others, and attaining healthy coping skills/relapse prevention to decrease the likelihood of future sexual offending and to provide public protection. Therapists develop a juvenile's treatment modality specific to the client's individualized issues and overall functioning including weekly individual and group therapy and semi-monthly family therapy or combination. Therapists evaluate treatment goals quarterly with the treatment team and re-assess goals related to re-offense risk every six months using the JSOAP and ERASOR to monitor the youth's progress. Therapists participate in monthly treatment team meetings and coordinate victim/offender clarification sessions with the victim's therapist when appropriate. Therapists recommend which juveniles receive referrals to the consulting psychiatrist nd which juveniles need intensive supervision in the community to monitor juvenile's treatment goals and to provide for public protection. Therapists testify in court regarding treatment progress as needed. JATC also provides training and consultation services to county and private agencies regarding identification, assessment, and treatment of juvenile sexual offenders.</p> | |

JOURNEY MENTAL HEALTH CENTER

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| <p>802 E GORHAM Street MADISON, WI 53703</p> <p>1320 MENDOTA Street MADISON, WI 53714</p> <p>25 KESSEL Court STE 105 MADISON, WI 53711</p> <p>49 KESSEL Court MADISON, WI 53711</p> | <p>Telephone: (608) 280-2700</p> <p>Fax: (608) 280-2707</p> <p>Website: www.journeymhc.org</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: Birth - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations: We do not service individuals with advanced dementia. We work with many consumers who are registered on the Wisconsin Sexual Offender Registry but we do not provide sexual offender treatment.</p> <p>Languages: French, German, Hmong, Spanish</p> |
| <p>Service Description</p> <p>At Journey Mental Health Center, CCS providers are able to provide all of the services on the array to consumers through their lifespan (child, adolescent and young, middle and older adults) in multiple programs. We work with individuals, their family members, CCS providers, and others that the person identifies as important in their recovery to support consumers in a holistic manner These programs include:</p> <ul style="list-style-type: none"> • Growth Recovery Outreach Wellness (GROW), an intensive case management program at Journey, offering service facilitation including supportive counseling, advocacy, vocational/educational supports, support around primary health care, and coordination of benefits. GROW provides CCS services in both clinic-based and community-based settings. GROW also includes our First Episode Psychosis specific program, Promoting Recovery from Onset of Psychosis (PROPs). • Yahara House (YH), a Clubhouse Model of mental health services, offers adults a path to recovery through relationships and work. YH members and staff work side by side building relationships with peers while learning important job skills. Service facilitation includes supportive counseling, member run self-help groups, supported employment, and transitional work experiences. • Journey's Outpatient Services offers an array of treatment modalities for psychotherapy in both group and individual settings, including: Cognitive Behavioral Therapy, Eye Movement Desensitization and Reprocessing, Seeking Safety, Dialectical Behavior Therapy Groups, Adults and Children Together, Child Parent Psychotherapy, Trauma Focused CBT, substance use treatment, and specialized treatment for trauma. This program also offers psychiatry/medication management. Psychotherapy and psychiatry is only available for consumers also receiving service facilitation at Journey. | |

JUSTIN WOODWARD COUNSELING, LLC

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| 700 RAYOVAC DRIVE STE 320 MADISON, WI 53711 | Telephone: (608) 213-0673 Fax: (608) 709-1079 Website: www.justinwoodwardcounseling.com |
| Services Provided: * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy | Ages Served: 13 - 59 Service Location: Office Service Limitations: I typically do not serve young children (under 8) or individuals over the age of 60. This is generally due to goodness of fit. Individuals who have significant movement needs will likely not be able to manage in my current space, but I am adaptable and can take walks with individuals such as this as long as there is no flight risk. I typically do work with fairly complex cases, and so restrictions are mostly demographic. Behavioral concerns generally can be managed in office. |
| Service Description Justin Woodward provides family, individual and couples therapy in the Madison area. He has significant experience with individuals on the autism spectrum, adolescents, individuals and families who are experiencing challenges with transition into adulthood. He is a DBT informed therapist who provides services that support, structure and heal individuals, families, and couples with an intuitive creative process that is customized to the needs of each client who seeks his help, balanced with long term vision and sustainability. | |

KABBA RECOVERY SERVICES LLC

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| 1955 W BROADWAY, STE102 MONONA, WI 53713 | Telephone: (608) 709-1255 Fax: (608) 709-1407 Website: www.kabbarecoveryservices.org |
| Services Provided: * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services | Ages Served: 13 - 79 Service Location: Home, Office, Other Place of Service Service Limitations: |
| Service Description Kabba Recovery Services provides outpatient substance abuse counseling groups and individual sessions to underserved populations. We utilize a whole-person approach to all services provided, including Intensive Outpatient, Extended Outpatient, individual sessions, co-occurring services, couple's sessions, comprehensive substance abuse evaluations, and more. | |

KEEPING FAMILIES TOGETHER LLC

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| <p>121 SOUTH BRISTOL STREET STE 102 SUN PRAIRIE, WI 53590</p> | <p>Telephone: (608) 318-1496 Fax: (608) 318-1496 Website: www.keepingfamiliesaltogetherinc.com</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Peer Support * Psychotherapy * Substance Abuse Treatment | <p>Ages Served: 4 - 64</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations:</p> |
| <p>Service Description Keeping Families Together, LLC provides a approach to dealing with individuals and/or families who suffer, from mental illness and/or dually diagnosed disorders. We believe in a holistic approach that addresses the consumers immediate needs and underlying problems. We welcome all individuals regardless of their race, gender, sexual orientation, and/or religious beliefs. Our mission is to enhance the dignity and quality of life of individuals from all walks of life by strengthening families and helping to eliminate barriers to opportunity. We believe that a true continuum of care includes treatment services, intervention services as well as preventive and educational services. Our staff consist of license substance professionals and mental health providers with over 20 years of experience working with vulnerable populations. We specialize with reducing the rates of recidivism amongst individuals who has been involved with the criminal justice system.</p> | |

KIND THERAPY LLC

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| 700 RAYOVAC DRIVE STE 320 MADISON, WI 53711 | Telephone: (608) 886-9595 Fax: (608) 709-1079 Website: www.kindtherapyllc.com |
| Services Provided: * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Psychotherapy | Ages Served: Birth - 17 Service Location: Office Service Limitations: |
| Service Description Kind Therapy specializes in providing individual and family counseling for children, adolescents, parents and families using a strength based approach that is grounded in family systems theory. Sara Kind, therapist, believes clients are the experts on themselves and have the inherent ability to change and grow. She will listen carefully to understand each client's unique situation and empower them to meet their goals. Sara has experience supporting children and families to heal from trauma, strengthen parent-child attachment, resolve behavioral challenges, and work through periods of crisis. Therapeutic approaches may include: Trauma Focused Cognitive Behavioral Therapy (TFCBT), Cognitive Behavioral Therapy (CBT), Mindfulness based approaches, social skill training, parenting support, and Motivational interviewing. Sara has national certification in TFCBT and ACT Parenting. Kind Therapy is LGBTQ affirmative, committed to providing trauma-informed care, and strives to approach all interactions with cultural humility. | |

LUTHERAN SOCIAL SERVICES - Service Facilitation & Outpatient CCS

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| <p>1904 WINNEBAGO STREET MADISON, WI 53704</p> | <p>Telephone: (414) 246-2300 Fax: (414) 246-2524 Website: www.lsswis.org</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Peer Support * Psychotherapy * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 4 - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations:</p> |
| <p>Service Description</p> <p>The Service Facilitators within Lutheran Social Services provides community-based care coordination services to individuals with high level needs across multiple environments. This staff will provide assessment services, including an in-depth mental health and substance use assessment identifying consumer strengths and needs; works with the consumer/family to identify goals; and facilitates monthly team meetings. The service facilitator ensures the recovery plan and service delivery for consumers is coordinated, monitored and designed to support the consumer in a manner that helps them achieve the highest level of independent functioning.</p> <p>Lutheran Social Services also provides psychotherapy services through our community-based service array. We utilize evidence-based practices to create an individualized approach to meeting a consumer's mental health and substance abuse needs.</p> | |

LUTHERAN SOCIAL SERVICES - Off the Square Club CCS

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| 4 N HANCOCK ST MADISON, WI 53703 | Telephone: (414) 246-2300 Fax: (414) 246-2524 Website: www.lsswis.org |
| Services Provided: * SERVICE FACILITATION (assessment/planning) * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Peer Support * Psychotherapy * Wellness Management and Recovery/Recovery Support Services | Ages Served: 4 - 85+ Service Location: Office Service Limitations: You must be 18 years or older; must be a Dane County resident; and must have a primary diagnoses of a mental illness (Due to the structure and nature of our programing, individuals with diagnoses of autism, developmental disability, dementia or brain trauma will generally not be eligible for services) |
| Service Description Certified Peer Specialist with Lutheran Social Services (LSS) and Off The Square Club: Off the Square Club (OTSC) currently employs 5 CPS staff members that have extensive experience in a trauma informed, recovery oriented, person-centered program for persons living with mental illness. Our staff members are compassionate, knowledgeable, and skilled individuals who use their personal mental illness (Peer Support) experience to offer hope and assist others in living full, well lives within the community. Staff goals are to empower the people they work with to take charge of their recovery; provide a safe place for them to increase their social connectedness and become active members of the Madison community; and facilitate access to community resources which support people in their recovery journey. Our CPS staff have experience in helping people connect with community resources and services addressing areas of need such as housing, finances, medical care, mental health care, educational and employment; vocational opportunities through volunteering and, at times, paid employment; support in times of personal crisis through Peer Support as well as long term paraprofessional counseling, and Peer Support services which are supportive of recovery. When you decide that Peer Support is something that would help you, OTSC will identify the staff person who would best fit your needs and help you reach your goals. If you are not sure this is what you are looking for to help in your recovery, but feel you may be interested in the services, we would be happy to help you meet with a CPS who will assist you in understanding how this service could benefit you. Off The Square Club General Program Information: OTSC also offers the opportunity for you to become a member of the program if you are interested, however, membership is not required if you are only interested in working with a CPS. The OTSC program provides this support by offering a safe, welcoming environment; free breakfast and lunch; access to telephones, computers, free clothing, and laundry facilities; social interaction, activities and connection; activities such as informal group discussions, art, crafts, pool, card playing, and mutual support groups; OTSC provides these supports in a very flexible and individualized manner. Members determine for themselves when and how often they attend the program, what activities they will engage in, and which services or supports they will use – members are free to change their level of involvement as needed to meet their current life situation. | |

MADISON ART THERAPY LLC

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| 700 RAYOVAC DRIVE STE 320 MADISON, WI 53711 | Telephone: (608) 520-0846 Fax: (608) 709-1079 Website: www.madisonarttherapy.com |
| Services Provided: * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy | Ages Served: 4 - 85+ Service Location: Office Service Limitations: Concerning safety of staff and clients, individuals not appropriate for outpatient services, particularly, people who may become violent, will not be best served by this agency. |
| Service Description Madison Art Therapy is an outpatient mental health agency specializing in integrated and expressive arts therapy services. Our experienced therapists utilize the visual arts, sound/music, movement and body-based techniques, creativity and imagination, with a trauma-informed approach to help clients reach their unique wellness and mental health goals. Madison Art Therapy strives to create a safe and inclusive environment where all skill-levels, genders, races, sexualities, and cultures are welcome. We look forward to empowering you on your healing journey. | |

MADISON TRAUMA THERAPY LLC

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| <p>4785 HAYES Road STE 201 MADISON, WI 53704</p> | <p>Telephone: (608) 509-9287 Fax: (608) 630-8089 Website: www.madisontrauma.com</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Peer Support * Psychotherapy * Substance Abuse Treatment | <p>Ages Served: 4 - 79</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations:</p> |
| <p>Service Description</p> <p>At Madison Trauma Therapy (MTT) we empower people to develop their own recovery goals and choose the members of their recovery team. We are here to support and guide people on their journey toward recovery through:</p> <ul style="list-style-type: none"> • Spirituality – an important component to recovery for many people. We are competent in this area and comfortable engaging people of any faith background. • Creativity • Art Studio – use of many mediums, colors and materials to creatively reframe challenges. • Close collaboration – we keep communication open between clients and all members of their recovery team. • Relaxation Room – use of Biomat for pain and stress management. • Patience – Not our pace, your pace. This is your recovery. <p>One thing unique about MTT is that our staff is characterized by Christian beliefs that inform who we are as people and as helpers in our community. We come from a variety of faith backgrounds and denominations, and we desire to work together to make a positive impact on those around us. We welcome people of all beliefs and backgrounds and are highly respectful of each person's individual story and what each person brings to the recovery process.</p> | |

MALECK THERAPY, LLC

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| 700 RAYOVAC DRIVE STE 320 MADISON, WI 53711 | Telephone: (608) 514-1625 Fax: (608) 709-1079 Website: www.malecktherapy.com |
| Services Provided: * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Psychotherapy | Ages Served: 4 - 85+ Service Location: Office Service Limitations: |
| Service Description Provide psychotherapy services to clients to help them identify problematic symptoms, patterns of interaction, and gain tools to cope. | |

MERCYLAND PSYCHIATRY INC

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| 425 W. MAIN STREET STE 201 SUN PRAIRIE, WI 53590 | Telephone: (608) 318-2233 Fax: (608) 318-2234 Website: www.mercylandpsychiatry.com |
| Services Provided: * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Medication Management * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services | Ages Served: Birth - 64 Service Location: Office Service Limitations: |
| Service Description Mercyland Psychiatry will provide a wide range of Mental/Behavioral Health Services, from evaluation to assessment, medication treatment and psychosocial intervention. We will be providing Transmagnetic stimulation (TMS), which a cutting edge treatment for treatment resistant depression. This is an additional treatment modality for patient who did not respond to medication, or have negative outcome to medication. | |

MONARCH ADDICTION RECOVERY CLINICS, S.C.

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| <p>521 EAST WASHINGTON AVE. MADISON, WI 53703</p> | <p>Telephone: (608) 729-9388 Fax: (888) 384-2618 Website: https://www.monarchrecovery.com/</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Medication Management * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 18 - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations: In order to maximize the resources available to our patients, we are limiting our services to those with substance use disorders, particularly alcohol and opioid use disorders. We are happy to provide treatment for other mental health struggles as well for our patients suffering from addiction, but patients with isolated mental health needs would be best served at one of the many other CCS agencies with that primary focus.</p> |
| <p>Service Description The focus of Monarch Health is to provide comprehensive, wrap-around care for patients with substance use disorders, particularly opioid and alcohol addictions. We provide medication-assisted treatment using buprenorphine (Suboxone), naltrexone (Vivitrol), and other evidence-based medications to help patients suffering from opioid and alcohol addiction in their recovery process, all in an outpatient setting. To round out our medical services, we also embrace and offer on-site counseling, case management, psychiatric consultation, and support groups as part of our comprehensive recovery program.</p> | |

MOONTREE PSYCHOTHERAPY CENTER LLC

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| 401 WISCONSIN Avenue MADISON, WI 53703 | Telephone: (608) 256-5115 Fax: (608) 256-5116 Website: www.moontreecenter.com |
| Services Provided: * Individual and/or Family Psychoeducation * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services | Ages Served: 4 - 84 Service Location: Office Service Limitations: Building is not wheelchair accessible |
| Service Description Moontree provides holistic services that are carefully individualized. Expending strengths as well as eliminating problems is our goal. | |

MOSAIC CONSULTING LLC

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| 6709 RAYMOND ROAD STE 203 MADISON, WI 53719 | Telephone: (608) 960-8411 Fax: Website: |
| Services Provided: * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement | Ages Served: Birth - 85+ Service Location: Office Service Limitations: Languages: Spanish |
| Service Description Veronica Ibarra, MS in Marriage and Family Therapy, provides culturally competent and bilingual (English and Spanish) educational services for Individuals and families. Her services include one-on-one and group support sessions that focus on providing strategies and information that help clients cope with challenges that are affecting the individual and family's life and relationships. Providing safe and confidential services are the cornerstone of her work. | |

NATURES ARK BEHAVIORAL HEALTH SERVICES LLC

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| <p>1220 FEMRITE DRIVE STE 205 MONONA, WI 53716</p> | <p>Telephone: (608) 405-5702 Fax: (608) 405-5718 Website:</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Physical Health Monitoring * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 4 - 84</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations: I can't service consumers who are sensitive to essential oils and fragrances. I'm natural and essential oil based, aroma and candles are lit throughout the office for positive energy of nature.</p> |
| <p>Service Description Nature's Ark specialize in showing men, women, children and adolescents how to experience total health by connecting mind, body & spirit. Nature's Ark support people in their desire to bridge the gap between where they are right now and where they want to be in the future, with the support of therapy by interacting with nature. Nature's Ark will implement several techniques to empower, liberate, cultivate and inspire resilience in oneself. Nondiscrimination all are welcomed.</p> | |

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| <p>2810 CROSSROADS DRIVE STE 4000 MADISON, WI 53718</p> | <p>Telephone: (608) 212-1304 Fax: Website:</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Physical Health Monitoring * Psychotherapy * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 18 - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations: Neu K services are bilingual and culturally appropriate, designed to make mental health services accessible and acceptable to Southeast Asian individuals and families in Dane County. The programs offer services in both traditional and nontraditional settings that reflect the cultural values, traditions, and beliefs of Hmong, Lao, and Khmer people.</p> |
| <p>Service Description</p> <p>Services are based on wrap-around and holistic models. This program also works with natural healers such as shaman, spiritual, and other tradition healing methods appropriate to the needs of the population and clients.</p> <p>Neu K LLC provides socialization and psychosocial and psychiatric treatment and support so participants can continue to live with their families. It does this in a way that creates harmony between western views on medicine and mental health and traditional Southeast Asian cultures.</p> <p>Specific needs addressed include outreach, transportation, culture brokering with health and human service agencies, mental health services and case management, medical attention, and socialization opportunities. Effective services to this population require an understanding of Southeast Asian cultures and respectful attention to the cultural aspects of service and treatment options.</p> <p>Services provided include cultural brokering, clinical/mental health case management, transportation, psychosocial group support, psychiatric evaluations and medication reviews, psychotherapy, group therapy, individual and family counseling, translation, daily noon meals, field trips, citizenship/English classes, and social advocacy.</p> | |

NEW GROWTH MENTAL HEALTH COUNSELING, LLC

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| <p>5900 MONONA Drive STE 312 MONONA, WI 53716</p> | <p>Telephone: (800) 571-8211 Fax: (608) 299-3888 Website: www.newgrowthmentalhealthcounseling.com</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 4 - 84</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations:</p> |
| <p>Service Description New Growth Mental Health Counseling offers individual, couples, child, adolescent and family counseling in an outpatient setting in Monona, WI. Areas of specialty include substance abuse, dual diagnosis, depression, domestic abuse, anxiety, self-harm, post-partum mood disorders, trauma/PTSD, life transitions (new job, loss of loved one, relocation, unemployment, engagement, pregnancy, finances, etc.), relationships (divorce, couples, family dynamics, parenting), and personality disorders (obsessive-compulsive, bipolar). Modalities include CBT, mindfulness, motivational interviewing, brainspotting, psychoeducation and experiential.</p> | |

OPEN DOOR CENTER FOR CHANGE LLC

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| <p>6502 GRAND TETON Plaza STE 102 MADISON, WI 53</p> <p>2820 WALTON COMMONS STE 128 MADISON, WI 53718</p> | <p>Telephone: (608) 827-7220</p> <p>Fax: (608) 827-7223</p> <p>Website: www.opendoorcfc.com</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy * Substance Abuse Treatment | <p>Ages Served: 4 - 84</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations:</p> <p>Languages: Spanish</p> |
| <p>Service Description</p> <p>Open Door Center for Change is a full-service outpatient mental health clinic that provides a range of services to people throughout the lifespan. Our clinicians have a wide variety of training and specializations including Neurofeedback, TRE, EMDR, and DBT. All of our clinicians work from a trauma-informed and client centered perspective.</p> <p>We provide a full service dialectical behavior therapy program to individuals as young as 13 years of age. The program includes: weekly skills training group (core mindfulness, interpersonal effectiveness, emotion regulation, and distress tolerance skills), weekly individual therapy, daily diary cards, 24/7 phone coaching and parent/caregiver involvement. This evidence based treatment serves clients who have demonstrated difficulty managing emotions, impulsive behaviors and suicidal thoughts.</p> <p>Bilingual (Spanish/English) psychotherapy is available.</p> <p>Service Facilitation is available for Adolescents and Adults.</p> | |

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| <p>313 PRICE Place STE 111 MADISON, WI 53705</p> | <p>Telephone: (608) 886-9373 Fax: (608) 440-2846 Website: www.orchestrax.org</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 4 - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations:</p> |
| <p>Service Description</p> <p>Orchestra X offers a wide array of client-centered solution-focused recovery wellness services. Our highly experienced providers work with youth, families, and adults including the elderly population. We at OX believe that the essence of healing starts with utilizing a person's inherent strength and innate creativity and talent.</p> <p>We will work with you in your mental health/substance use recovery journey. With respect, care, and joining through active listening, empathy, and humor we will honor your path and will be honored to be a part of your journey.</p> <p>We believe that community is a powerful part of recovery. We can work with you in the community, or wherever is best for you. Services we provide include Strength Based psychotherapy approaches including Narrative Therapy, Cognitive Behavioral Therapy (CBT) and Solutions Focused Therapy. Orchestra X Providers are trained in several modalities of Trauma Recovery.</p> <p>Many of our Providers are Certified Substance Abuse Counselors and recovery from addiction is foundational to our Recovery Mission at Orchestra X. You will receive care through all stages of Substance Use Recovery in a supportive caring therapeutic environment.</p> <p>We provide a wide range of skills-based development services with specializations in housing, education, medication management and physical health monitoring. In partnership with Chrysalis, we provide cutting- edge employment services. We also provide Service Facilitation, individual and family psychoeducation, as well as Peer Support Services.</p> <p>At Orchestra X we commit to meeting and engaging you where you are. We will walk alongside you to achieve your goals, realize your dreams, and become your best.</p> | |

ORION FAMILY SERVICES

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| <p>6333 ODANA Road STE 20 MADISON, WI 53719</p> | <p>Telephone: (608) 270-2511 Fax: (608) 270-0467 Website: www.orionfamilyservices.org</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy | <p>Ages Served: Birth - 21</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations: We would be unwilling to serve consumers who present a safety threat to Orion Staff</p> |
| <p>Service Description</p> <p>Orion Family Services is a private, nonprofit organization which serves children, adolescents and families throughout Wisconsin. Orion's programs are dedicated to providing compassionate treatment services to troubled children and their families. Services include outpatient and in-home individual and family therapy to children, adolescents and families as well as a range of other critical outreach services, such as Service Facilitation and Individual Skills Development.</p> <p>The Orion Intensive In-Home Family Therapy Program is designed for treatment of children and adolescents experiencing severe emotional, behavioral, and social difficulties within their home, school or community. Including families in treatment when working with children and adolescents is an approach that improves individual and family functioning. Although the identified client is the child or adolescent, the program's focus includes treatment that supports the family in resolving their difficulties. The philosophy of the program is that everyone in the family is responsible, but no one is to blame. Treatment emphasis is placed up on enhancing family strengths and supporting positive changes in the family system, in order to improve the overall functioning of the child. Therapists work with families to increase family cohesion and effective communication, and to create a supportive family environment where negative behaviors are reduced and positive behaviors increased. Parenting skills education is incorporated in treatment in either a formal curriculum-based approach (through out Parent Skill-Builder Program) or informally as needed. For families impacted by trauma, we help healing occur through the use of trauma-informed treatment approaches such as Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT). Orion has clinicians that have obtained advanced training in the utilization of this evidence-based and highly effective model for resolving trauma and reducing resultant emotional, behavioral, and interpersonal issues.</p> | |

OUR GENERATIONS INC

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| <p>1955 W. BROADWAY STE 104 MADISON, WI 53713</p> | <p>Telephone: (608) 217-2650 Fax: Website: www.generationstherapy.org</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 4 - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations:</p> <p>Languages: Gujarati</p> |
| <p>Service Description We are honored to be providing services to individual adults and children, as well as families. Skilled professionals are trained and licensed to provide marriage and family therapy, substance abuse counseling, and therapy for mental health concerns such as anxiety, depression, ADHD/ADD, bipolar disorder and trauma and not limited to these. We also provide service facilitation to clients to help clients with coordinating and monitoring services and supporting them in their path to independence.</p> | |

PARTNERS IN CARE: S&N HELPING HANDS LLC

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| <p>4222 MILWAUKEE STREET STE 5 MADISON, WI 43714</p> | <p>Telephone: (608) 467-9024 Fax: (608) 467-9021 Website: www.partnersincaresnhelpinghands.com</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Physical Health Monitoring | <p>Ages Served: 4 - 69</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations:</p> |
| <p>Service Description Partners In Care: S&N Helping Hands LLC serves clients of all ages. We serve a variety of clients such as those who have physical disabilities, developmental disabilities, mental illness, and traumatic brain injuries. We meet the needs of clients through a fundamental approach. We offer exceptional therapeutic exercises that allow our clients to reconnect in their own extraordinary gift. As clients gain independence navigating through life; life changes occur that unseals a new life journey. Lastly, we provide a range of different services which include: coaching and application, mindfulness, and positive reinforcement.</p> | |

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| <p>2526 S STOUGHTON ROAD MADISON, WI 53713</p> | <p>Telephone: (608) 514-1911 Fax: Website: www.venuswashington.com</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Physical Health Monitoring * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 4 - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations:</p> |
| <p>Service Description Coach, assist and encourage individuals and groups to taking action towards feeling empowered in their bodies, through physical movement, meditation practices, mindset discipline training, mindful eating, and behavior habit changes.</p> | |

RAINBOW MARIFROG, LLC

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| 3902 MILWAUKEE STREET MADISON, WI 53714 | Telephone: (608) 520-6207 Fax: (608) 646-7531 Website: www.rainbowmarifrog.com |
| Services Provided: * Individual and/or Family Psychoeducation * Psychotherapy | Ages Served: 4 - 54 Service Location: Office Service Limitations: |
| Service Description Rainbow Marifrog, MA, LMFT (she, her, hers) has been providing psychotherapy and psychoeducation to diverse populations for over 14 years. As an integral, body-oriented therapist, Rainbow provides her clients with a healing space for processing and integrating trauma and attachment injuries throughout the life cycle. Teens, adults, families and couples come to her work seeking support in navigating life transitions, addictions, relationship issues, depression/anxiety, low self-esteem, panic disorders, OCD, and gender transitions. Rainbow uses a strength-based perspective and sees each client as unique and capable of transformation. Her holistic and trauma-informed approach, seeks to integrate the body, mind, and spirit of her clients. Her work is rooted in humanistic, psychodynamic, object relations, attachment theories and social justice. She uses mindfulness, Internal Family Systems and Solution-Focused therapies, exposure therapy, and expressive arts therapy. With teens and caregivers, she uses Trauma-Focused Cognitive Behavioral Therapy, when appropriate. Rainbow is committed to being an ally to the LGBTQIA and BIPOC populations. | |

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| <p>1334 DEWEY Court MADISON, WI 53703</p> | <p>Telephone: (608) 250-6634 Fax: (608) 250-6637 Website: www.risewisconsin.org</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 4 - 49</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations: We do not currently have a psychiatrist on site, but we are well connected to psychiatrists in the community and are prepared to help link you with this service.</p> |
| <p>Service Description</p> <p>At RISE, we specialize in transitions of all kinds, because change can be hard. We know that feeling overwhelmed and stressed can get in the way of living the life you want. We are here to support you in identifying and learning new skills. Youth, young adults, parents and families are served with care and compassion.</p> <p>We walk with you in building your hopes and dreams, grounded in mental health and substance use recovery. You decide what services will help you reach your goals, and we will get you connected. You have many kinds of support to choose from. We are flexible and will meet you where it works best for you, and we provide a variety of services tailored to your wellness goals.</p> <p>In addition to our service facilitation at RISE, you can access Psychotherapy, Individual Skills Development (ISD), individual and family psychoeducation, peer and parent support and vocational training. Through our team's partnership with Chrysalis and the Department of Vocational Rehabilitation (DVR), we offer state-of-the-art employment support to help you reach your goals. Finding a therapist, securing stable housing, getting connected to a doctor, finding the right support at school, and figuring out benefits (SSDI, Section-8, food assistance) can all happen while you are with us.</p> <p>RISE values lived experience; our certified peer and parent peer specialists have experienced mental health/ substance use challenges or have parented children who have struggled. Because we have been in your shoes, we value your individual voice and choice in your own recovery journey and are able to walk along-side you.</p> <p>We look forward to meeting you!</p> | |

RISE Youth & Family Services, LLC

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| 8500 W NORTH Avenue WAUWATOSA, WI53226 | Telephone: (414) 252-5166 Fax: (414) 755-1352 Website: www.riseyouthandfamily.com |
| Services Provided: * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy | Ages Served: 4 - 85+ Service Location: Home, Office, Other Place of Service Service Limitations: |
| Service Description Additional services provided at RISE Youth & Family Services include a group called ME First which focuses on assisting teens with developing and maintaining health relationships. | |

SAFE COMMUNITY COALITION OF MADISON AND DANE COUNTY, INC.

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| <p>2453 ATWOOD AVE. STE 210 MADISON, WI 53704</p> | <p>Telephone: (608) 441-3060 Fax: (608) 441-3055 Website: www.safercommunity.net</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * Peer Support * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 13 - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations: We work best with people that have a primary substance use disorder. Our staff has all been trained to support people with both mental health and substance use disorder since these overlap so frequently. As there are other providers offering similar, great services to people with only mental health disorder, we would prefer to work with people that have SUD only, or a co-occurring disorder.</p> |
| <p>Service Description Safe Communities MDC provides peer support/recovery coaching services to anyone in Dane County that struggles with a substance use disorder. We have programs that specialize in treating pregnant women, individuals who are incarcerated, those that have recently had an overdose, and provide Family Coaching for families that have been affected by a loved ones substance use. We walk side by side our coachees as they decide their path to recovery. We are able to help coachees access services to treat their substance use disorder and to help stabilize their lives through employment and housing. We believe that healing happens within the context of positive, supportive relationships.</p> | |

SAMARITAN COUNSELING CENTER OF SOUTHERN WISCONSIN

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| 5900 MONONA Drive STE 100 MONONA, WI 53716 | Telephone: (608) 663-0763 Fax: (608) 663-0765 Website: www.samaritancounselingcenterwi.org |
| Services Provided: <ul style="list-style-type: none"> * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Psychotherapy | Ages Served: 4 - 85+ Service Location: Office Service Limitations: |
| Service Description <p>At the Samaritan Counseling Center of Southern Wisconsin we welcome all clients with varying life circumstances and backgrounds. We believe in treating each individual with compassion and encouragement.</p> <p>Our therapists located at the Monona office strive to provide uplifting counseling to best fit the client's mental health and well-being needs. We also provide to clients, if they desire, a unique holistic approach that incorporates individual client's own spiritual beliefs into the therapy process. We have therapists that specialize in trauma work (including EMDR and Brainspotting therapy) as well as a wide range of experience in the following areas: Depression, Bipolar Disorder, OCD, ADD/ADHD, Grief, Anxiety, Dissociative Disorders, Post-Traumatic Stress Disorder (PTSD), Trauma Related Issues, Separation & Divorce Adjustment, Career Issues, Faith Issues, Divorce/Blended Family Issues, Chemical Dependency.</p> | |

SHARIETY GIBBS LLC

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| 702 N BLACKHAWK DRIVE STE 215 MADISON, WI 53705 | Telephone: (608) 751-2700 Fax: (608) 233-5893 Website: https://silverliningsmadison.com/therapists/shariety-l-gibbs/ |
| Services Provided: * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy | Ages Served: 13 - 74 Service Location: Home, Office, Other Place of Service Service Limitations: |
| Service Description CBT, DST, EMDR, EFT, Psychoeducation. Client centered psychotherapy. | |

SOAR CASE MANAGEMENT SERVICES, INC

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| <p>2132 Fordem Avenue Madison, WI 53714</p> | <p>Telephone: (608) 287-0839 Fax: (608) 287-0840 Website: www.soarcms.org</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 18 - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations: SOAR only provides substance abuse treatment to clients who are dually diagnosed with a mental health disorder.</p> |
| <p>Service Description</p> <p>SOAR Case Management, Inc. is a non-profit, recovery-based provider of community mental health services. SOAR was founded in 1997 on the belief that mental health consumers can and will recover if they are given the tools to become self-sufficient and follow their hopes and dreams. SOAR's mission is to assist consumers in developing their capabilities, talents, and aspirations in a culturally responsive, trauma-informed, and recovery-oriented manner. SOAR's approach to case management has always put a strong emphasis on peer support as a primary component of the service delivery continuum. Currently over 75% of SOAR's staff identify as mental health consumers. Furthermore, 100% of SOAR's Board of Directors identify as mental health consumers. This in-depth understanding of the mental health and substance use systems, both from a consumer and clinician stance, ensures that consumers at SOAR remain the drivers of their own treatment and recovery.</p> <p>Case Management: SOAR's Service Facilitation relies on the principles of self-determination, autonomy, empowerment, respect, and collaboration to tailor individualized community based treatment for adults living with mental health and substance use issues. Our solution-focused, holistic approach to case management puts consumers first and understands that each person is the "expert of their own experience." Our case managers seek to understand the unique life experiences, successes, and challenges of each consumer and work in a culturally responsive, trauma informed manner with consumers on their recovery journey. Service Facilitators work to coordinate and provide a wide array of office and community-based services including: Housing Support/Assistance, Crisis Management, Benefit Management, Psychiatry Referral/Coordination, Physical/Dental Health Needs, Individual and Group Therapy/Counseling Services, Medication Management, Peer Support Services, Daily Living Skills, and Money Management.</p> <p>DHS CH. 35 Outpatient Psychiatry Clinic: Our Psychiatrist works directly with our consumers and their case managers in a collaborative, holistic manner to work to find creative solutions to individual challenges and concerns. Within our DHS 35 clinic, SOAR offers medication management, diagnostic/psychiatric evaluations, and psychotherapy. Additionally, consumers have access to RN services including lab monitoring, medication assistance/administration, and basic physical health monitoring.</p> <p>Peer Lead Groups: Recovery Dane Peer Supports facilitate multiple weekly groups that may include coping with anxiety and depression, Yoga, Mindfulness on your journey, Hearing Voices, and writing your way to wellness. Currently, due to COVID-19, peer led groups are being held virtually and on a more limited schedule. Please contact Recovery Dane for full group schedule.</p> <p>Solstice House: Solstice House is a peer run respite that aims to provide a stable and supportive home-like environment run by, and for, individuals with lived experiences of mental health and/or substance use concerns. Currently, due to COVID-19, the house is closed to guests. However, Solstice House also offers a "Warmline" call service to any Wisconsin Resident in need of telephonic peer support services.</p> | |

STAY FOCUSED COUNSELING LLC

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| <p>313 W BELTLINE Highway STE 185 MADISON, WI 5371</p> | <p>Telephone: (608) 960-4726 Fax: (608) 729-3774 Website: www.stayfocusedcounseling.com</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 13 - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations:</p> |
| <p>Service Description</p> <p>Stay Focused Counseling LLC is designed to tap into various aspects of your life. We will focus on the areas that are causing you difficulty and have room for improvement.</p> <p>Stay Focused on Healthy Relationships: This is geared toward domestic violence education. We will explore how you may be hurting others as well as how you may be abused and the steps you can take to make positive changes in your intimate relationships.</p> <p>Stay Focused on Healthy Living: There are a variety of factors that contribute to your health and wellness. This includes nutrition, physical fitness, stress management, and building a winning self-image. We will find ways to address any anxiety or depression you may be experiencing so you can be more comfortable with your existence.</p> <p>Stay Focused on Freedom: It takes just a moment of weakness to behave in a way that can result in a consequence which results in a period of confinement, such as jail or prison. We will analyze your thoughts, which, in turn, influence your feelings, that govern your behavior for which you need to take responsibility.</p> <p>Stay Focused on Career Development: It is never too late to make positive strides in your life to become a better person and make positive contributions to society. We will build a winning resume and practice interviewing skills to help prepare you for the work arena. The goal is to find work that is meaningful and for which you are passionate.</p> | |

TELLURIAN INC

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| <p>300 FEMRITE Drive MONONA, WI 53716</p> <p>5900 MONONA Drive MONONA, WI 53716</p> <p>2914 INDUSTRIAL DRIVE MADISON, WI 53713</p> <p>1053 WILLIAMSON STREET MADISON, WI 53703</p> <p>4915 MONONA DRIVE MONONA, WI 53716</p> | <p>Telephone: (608) 663-2120</p> <p>Fax: (608) 222-6694</p> <p>Website: www.tellurian.org</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 18 - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations:</p> |
| <p>Service Description</p> <p>At Tellurian we have over 40 years' experience providing services to adults living with mental health and/or substance use changes. We understand that everyone's path to recovery is unique and work to provide services that tailor to the individual's needs and wants.</p> <p>Our service facilitation teams (CIT and MAT) are proud to provide individualized, strength-based, and trauma-informed support to adults. Individuals connected with CIT may or may not be able to utilize psychiatry, depending on availability.</p> <p>Our dually trained therapists at our Outpatient offices in Monona provide a wide array of counseling and assessment services for individuals with substance use and/or mental health issues. Our team provides individual, group, and/or family counseling when appropriate.</p> <p>Our dually trained clinicians at our Intensive Outpatient Program office in Madison provide morning and evening group sessions to accommodate your schedule. All groups are conducted four hours per day, four days per week (Tues.-Fri.). In addition to the daily group sessions, individuals additionally receive one hour per week of one-on-one individual therapy (family counseling is also available and recommended). The Intensive Outpatient Program is an approved provider for Dane County's Intoxicated Driver program.</p> <p>Our peer support specialists with PAIR (Peer Advocate in Recovery) team provides community based support from their unique perspective with lived experience.</p> | |

THE HMONG INSTITUTE INCORPORATED

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| <p>4402 FEMRITE Drive MADISON, WI 53716</p> <p>5310 ARAPAHOE LANE MADISON, WI 53704</p> | <p>Telephone: (608) 628-3901</p> <p>Fax: (608) 222-4903</p> <p>Website: www.thehmonginstitute.org</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: Birth - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations:</p> <p>Languages: Hmong, Khmer, Laotian, Nepalese, Thai, Tibetan</p> |
| <p>Service Description</p> <p>We provide culturally and linguistically responsive services to Southeast and East Asian clients. We provide nontraditional psychosocial rehabilitative services such as the use of a monk, soul caller, or shaman to perform spiritual ceremony to unite the body and soul. These nontraditional services help restore the client's functional capabilities and increase community living ability as well as the ability to carry out activities associated with daily living. Service facilitation activities that we ensure the member receives are: bilingual assessment services, service planning, service delivery and supportive activities. We also provide psychotherapy, psychoeducation, and peer support services to promote wellness and self-direction, including individual skill development and enhancement services for problem solving, decision-making, self-regulation, daily living skills related to personal care, household tasks, financial management, and connecting to community resources and services.</p> | |

THE PSYCHOLOGY CLINIC, INC.

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| <p>310 N MIDVALE Boulevard STE 202 MADISON, WI 53705</p> <p>5555 ODANA ROAD STE 202 MADISON, WI 53719</p> | <p>Telephone: (608) 852-8585</p> <p>Fax: (608) 238-1929</p> <p>Website: www.thepsychologyclinicinc.com</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment | <p>Ages Served: 4 - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations:</p> <p>Languages: Mandarin</p> |
| <p>Service Description</p> <p>Service Description: The Psychology Clinic, Inc., is a multifaceted outpatient mental health clinic serving children, adolescents and adults. Our staff have extensive experience in crisis intervention services and we specialize in working with clients with complex mental health and situational needs. Some service array providers are also able to meet outside of regular business hours to meet client's mental health needs while continuing to meet their other demands.</p> <p>We have assembled a multidisciplinary team to provide a broad range of traditional and innovative professional services. Staff will be providing a variety of trauma informed approaches to services, including Kathy Goerman who is trained in somatic experiencing- working with the nervous system to help with regulation and healing, which can be helpful working with trauma, somatic complaints, depression, anxiety and more.</p> <p>We have developed an approach that is designed to be responsive to people's needs in a wide variety of circumstances.</p> <p>Services:</p> <ul style="list-style-type: none"> • Culturally-sensitive psychotherapy for individuals, couples, families and groups. We work with clients wherever it is most effective do so – in our office or in their homes. We encourage clients to take an active role in shaping their counseling treatment plans. • Service facilitation for children, adolescents and adults. We pride ourselves in providing responsive, compassionate and individualized case management services. • Medication management with prescribing for youth and adults with experience including first episode psychosis. • Diagnostic Evaluations performed in a thorough and timely manner. • Psychoeducation for children, adolescents and adults provided in a setting designed to maximize effective learning for clients. • Family/Individual skill development and enhancement services for various needs including (but not limited to) organization, coping skills, social skills, community resources, employment seeking, time management, mental focus, emotional regulation, and problem-solving. • Substance abuse treatment for adolescents and adults. • Wellness management and recovery support services for clients of all ages. | |

THE RAINBOW PROJECT INC

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| 831 E WASHINGTON Avenue MADISON, WI 53703 2096 RED ARROW DRIVE FITCHBURG, WI 53711 | Telephone: (608) 255-7356 Fax: (608) 255-0457 Website: www.therainbowproject.net |
| Services Provided: * Diagnostic Evaluations * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Psychotherapy * Wellness Management and Recovery/Recovery Support Services | Ages Served: Birth - 12 Service Location: Home, Office, Other Place of Service Service Limitations: Languages: Spanish |
| Service Description The Rainbow Project is a local nonprofit child and family counseling and resource clinic offering a full range of prevention, early-intervention, crisis-response, and treatment services to young children and their families. | |

THOMAS & ASSOCIATES SERVICES LLC

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| <p>2976 TRIVERTON PIKE Drive FITCHBURG, WI 53711</p> <p>6501 WATTS Road MADISON, WI 53719</p> | <p>Telephone: (608) 283-9989</p> <p>Fax: (608) 467-2673</p> <p>Website: www.drgetmadison.com</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Peer Support * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 13 - 79</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations:</p> |
| <p>Service Description</p> <p>Thomas and Associates Services LLC is committed to helping families and individuals build healthy and constructive lives. We believe support that is non-judgmental, sincere, and honest helps build a trusting relationship with clients. We believe that most clients have the capacity to re-direct their lives when helped to do so. We say to our clients that it is more important where they are going than where they have been.</p> <p>Individual Services: Psychotherapy, Stress Management, Trauma Treatment, Domestic Violence, Behavior Intervention, Substance Abuse Treatment and Education, Relationship Counseling, Psychological Evaluation, Mental Health Assessments, Problem Solving Decision Making, Employment Readiness, Vocational Counseling</p> <p>Group Services: Pro Social/Skills Training, Stress Management, Anger Management, Trauma Treatment/evaluation, Counsel with authority figures, Moral Development Support and Enhancement, Problem Solving/Decision Making Training</p> | |

TRIQUESTRIAN LLC

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| <p>6441 ENTERPRISE LANE STE 101 MADISON, WI 53719</p> <p>996 STORYTOWN ROAD BROOKLYN, WI 53521</p> | <p>Telephone: (608) 400-3672</p> <p>Fax: (608) 422-4006</p> <p>Website: www.triquestrian.com</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Diagnostic Evaluations * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Peer Support * Physical Health Monitoring * Psychotherapy * Substance Abuse Treatment * Wellness Management and Recovery/Recovery Support Services | <p>Ages Served: 4 - 85+</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations:</p> |
| <p>Service Description</p> <p>Office Based Services: Triquestrian provides traditional office based psychotherapy for adolescents and adults. Our skilled therapists work with a variety of mental health and substance use issues including but not limited to Anxiety, Depression, BiPolar Disorder, Eating Disorders, Substance Use Disorders, Borderline Personality Disorder, Gender Identity, and Trauma. We tailor our services to meet the needs of each person we are working with utilizing CBT, DBT, Motivational Interviewing, Somatic Experiences, EMDR, and a variety of other approaches. We also provide Medication Management, Physical Health Monitoring, Individual Skill Development and Enhancement, Employment Related Skill Development, Individual and/or Family Psychoeducation, Psychotherapy and Substance Abuse Treatment. We are working to add Prescriber services, Peer Support, and Wellness Management and Recovery/Recovery Support Services. Triquestrian also provides Service Facilitation services helping connect individuals with resources in the community. Our Service Facilitators will work directly with the individual to identify goals and develop plans that fit their needs to reach their goals.</p> <p>Equine Assisted Psychotherapy and Equine Assisted Learning Services: Triquestrian also provides Equine Assisted Psychotherapy and Equine Assisted Learning. Our mission is to provide the community with opportunities for growth and learning through connection and relationship building with horses. We focus on Trauma Focused – Equine Assisted Psychotherapy (TF-EAP™) utilizing Natural Lifemanship. TF-EAP™ is based on the neuroscience of human and horse brain development, the impact of trauma, and the role of relationships in recovery and healing. It is principle based with a focus on assisting participants to create new neural pathways while learning regulation strategies in a trauma focused approach. TF-EAP™ Relationship Logic™ services focus on developing healthy relationship patterns by building a relationship with a horse focused on felt sense of safety, regulation, and connection for all. No riding is involved and no horse experience is required. Our TF-EAP™ Rhythmic Riding program focuses on helping participants deepen their sense of connection with themselves and their horse while experiencing somatosensory input through bottom up regulation thereby creating and strengthening neural pathways.</p> | |

TRUE BELIEVERS, LLC

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| <p>8383 GREENWAY Boulevard STE 600 MIDDLETON, WI 535</p> <p>2984 TRIVERTON PIKE DRIVE STE 104 FITCHBURG, WI 53711</p> <p>2976 TRIVERTON PIKE DRIVE STE 206 FITCHBURG, WI 53711</p> | <p>Telephone: (608) 826-7448</p> <p>Fax: (608) 467-2435</p> <p>Website:</p> |
| <p>Services Provided:</p> <ul style="list-style-type: none"> * SERVICE FACILITATION (assessment/planning) * Employment-Related Skill Training * Individual and/or Family Psychoeducation * Individual Skill Development and Enhancement * Medication Management * Physical Health Monitoring * Substance Abuse Treatment | <p>Ages Served: 4 - 69</p> <p>Service Location: Home, Office, Other Place of Service</p> <p>Service Limitations:</p> |
| <p>Service Description</p> <p>True Believers, LLC is an agency that provides intensive case management and service facilitation to adults of all ages in Dane County. Our staff consists of licensed substance abuse and mental health providers with over 20 years experience providing case management and advocacy to consumers. We believe that our consumers have the right to be treated with the upmost dignity and respect in all aspects of their lives. Our belief system is meet people where they are and help them improve optimum living and well being. Our agency strives to meet our consumers hierarchy of needs by addressing issues that they face such as housing, lack of employment, no insurance, lack of support, legal problems, unresolved health concerns, and many more.</p> | |