

# **Dane County Comprehensive Community Services**

## *Adult SF Directory*

Revised 6/10/2021

\*\*\*Please remember to verify your provider is in-network at the facility and date of your appointment\*\*\*

# ANESIS CENTER FOR MARRIAGE AND FAMILY THERAPY LLC

<p><b>6417 ODANA Road STE 5 MADISON, WI 53719</b></p> <p><b>1201 INTERNATIONAL LANE STE 207 MADISON, WI 53704</b></p>	<p><b>Telephone:</b> (608) 268-6530</p> <p><b>Fax:</b> (608) 709-1744</p> <p><b>Website:</b> <a href="http://anesistherapycenter.com/">http://anesistherapycenter.com/</a></p>
<p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Peer Support</li> <li>* Psychotherapy</li> <li>* Substance Abuse Treatment</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>	<p><b>Ages Served:</b> Birth - 64</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b> We do not specialize in treatment for autism or developmental disabilities</p> <p><b>Languages:</b> Spanish</p>
<p><b>Service Description</b></p> <p>Our Mission: "Helping people navigate the mental health and wellness aspects of their life in a way that honors culture, family, community, and faith."</p> <p>We believe in the power of one's own story and creating a safe place to share those stories to start the healing process. Watch our video to learn more about Anesis Therapy and how we can help you find healing and rest.</p> <p>We love to collaborate with clients to help them draw from their own expertise, build on their own positive values, discover their own skills, and use these new tools to work through conflicts and hardships. We are systems therapist. What that means is: we like to approach problems that people have within the context of social, political and cultural storylines that influence the way we view ourselves and our own personal stories. We use this same approach in family therapy to seek ways to change the way the family system works rather than trying to "fix" a specific family member.</p> <p>We use cultural specific interventions for clients who are struggling with racial identity and/or living with families of different backgrounds including blended, adopted, and foster families. We hold specialties in Child-Parent Psychotherapy (CPP), Trauma Focused Cognitive Behavioral Therapy (TFCBT), Brain Spotting, substance abuse counseling, Eye Movement Desensitization and Reprocessing (EMDR) and ACT parenting.</p> <p>Emphasizing participation of clients in the therapy process is crucial to understanding that individual clients are our best resource in helping to resolve inner and circumstantial conflicts. We believe that the person is not the problem, the problem is the problem.</p> <p>Services provided in English, Spanish and Hmong.</p>	

# CHRYSALIS INC

<b>1342 DEWEY Court MADISON, WI 53703</b>	<b>Telephone:</b> (608) 256-3102 <b>Fax:</b> (608) 256-3103 <b>Website:</b> www.workwithchrysalis.org
<b>Services Provided:</b> * SERVICE FACILITATION (assessment/planning) * Employment-Related Skill Training * Individual Skill Development and Enhancement * Peer Support	<b>Ages Served:</b> 18 - 85+ <b>Service Location:</b> Home, Office, Other Place of Service <b>Service Limitations:</b> Chrysalis services are ideal for someone who has a vocational goal, or who would be interested in exploring vocational goals. <b>Languages:</b> Hmong
<b>Service Description</b> Chrysalis believes that every person with a mental health or substance use challenge is capable of working in the community.  <b>SUPPORTED EMPLOYMENT &amp; EDUCATION:</b> Chrysalis services follow Dartmouth's model of evidence-based Individual Placement and Supported (IPS) Supported Employment. The goal is to help participants find and maintain competitive, community-based employment that matches their individual skills, interests, and abilities. In addition to the IPS Model Chrysalis also supports employment and education goals through meaningful relationships and community building.  <b>VOCATIONAL PEER SUPPORT:</b> The peer specialist movement embodies Chrysalis' strengths-based perspective. Chrysalis vocational peer specialists use their lived experience with mental health and/or substance use challenges to help other achieve their personal and work-related goals. Chrysalis Vocational Peer Specialists perform a wide range of tasks to assist consumers in regaining control over their lives, and their own recovery process.  <b>SERVICE FACILITATION:</b> Chrysalis provides Service Facilitation from a lens of work as recovery. Individuals connected to Chrysalis Services Facilitation will have access to an Employment Specialist and Vocational Peer Specialist who are embedded within the team. Services Facilitators provide holistic supports with an emphasis on consumer involvement.	

# COMMON THREADS FAMILY RESOURCE CENTER

<p><b>5979 SIGGLEKOW Road</b>  <b>MCFARLAND, WI 53558</b></p> <p><b>4800 IVYWOOD TRAIL</b>  <b>MCFARLAND, WI 53558</b></p>	<p><b>Telephone:</b> (608) 838-8999</p> <p><b>Fax:</b> (608) 838-8988</p> <p><b>Website:</b> <a href="http://www.commonthreadsmadison.org">www.commonthreadsmadison.org</a></p>
<p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Diagnostic Evaluations</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Psychotherapy</li> </ul>	<p><b>Ages Served:</b> 4 - 21</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b> We specialize in sensory, regulation and interoception issues that often co-occur with mental health concerns. However, we serve individuals with a wide-variety of mental health challenges and behavioral disorders beyond this. We cannot serve clients with serious sexual offenses or violent felonies.</p>
<p><b>Service Description</b></p> <p>Common Threads Family Resources Center, located minutes from Madison, WI, is both a state licensed mental health clinic with occupational and speech therapy, and a non-traditional school program. Both programs are geared towards individuals with affected by mental health challenges, behavioral disorders, sensory processing challenges and autism. Our experienced and talented team of professionals creates a daily environment of acceptance and growth where students and clients flourish. The multidisciplinary team includes top professionals from multiple treatment, development, and educational areas to ensure we provide the most appropriate and forward-thinking services for every individual client. We believe in every individual that walks through our door and embrace all families who seek out our center. Working collaboratively, we are far stronger. It is our privilege to be of service.</p> <p><b>CORE VALUES:</b></p> <ul style="list-style-type: none"> <li>Believing in the potential of each client we serve</li> <li>Being devoted to success</li> <li>Honoring our clients' strengths</li> <li>Valuing relationship</li> <li>Meeting our clients where they are at</li> </ul>	

# COMMUNITY COUNSELING CENTER OF MADISON WI INC

<p><b>6629 UNIVERSITY Avenue</b>  <b>STE 209</b>  <b>MIDDLETON, WI 5</b></p>	<p><b>Telephone:</b> (608) 833-5880  <b>Fax:</b> (608) 829-3787  <b>Website:</b> <a href="http://www.communitycounselingmadison.org">www.communitycounselingmadison.org</a></p>
<p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Diagnostic Evaluations</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Psychotherapy</li> <li>* Substance Abuse Treatment</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>	<p><b>Ages Served:</b> 13 - 74</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b> Our office is located on the 2nd floor and there is no elevator, so clients must be able to navigate stairs.</p>
<p><b>Service Description</b>          The Community Counseling Center of Madison, Wisconsin, Inc. provides professional counseling by trained and skilled social workers, counselors, and licensed psychologists. The clinic is licensed by the State of Wisconsin (as an outpatient mental health clinic) and has been serving the community since 1975.</p> <p>Our therapeutic services include: individual therapy, group therapy, family therapy, couples therapy, marriage therapy, sex therapy, and play therapy. We specialize in treating eating disorders, AODA, learning disabilities, and trauma.</p>	

# COMMUNITY LIVING ALLIANCE

<p><b>1414 MacArthur Road Madison, WI 53714</b></p>	<p><b>Telephone:</b> (608) 242-8335  <b>Fax:</b> (608) 240-7060  <b>Website:</b> www.clanet.org</p>
<p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Medication Management</li> <li>* Physical Health Monitoring</li> <li>* Psychotherapy</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>	<p><b>Ages Served:</b> 18 - 85+</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b> We do not serve individuals with a primary diagnosis of Substance Abuse.</p> <p><b>Languages:</b> Arabic, Spanish</p>
<p><b>Service Description</b></p> <p>Community Living Alliance (CLA) CLA is a local, non-profit, trauma-informed, community based organization. For over thirty (30) years CLA has been a trusted provider in Dane County and has designed and provided innovative programs and services that support the independent living needs of all people with disabilities and older adults.</p> <p>CLA has rich history in supporting individuals with all disabilities and those who have chronic health and pain conditions. These conditions often produce anxiety or depression and other symptoms which may challenge interpersonal relationships and limit one's ability to live a meaningful life. We partner with individuals to gain insight through education to effectively manage their symptoms and uncover barriers to achieve their recovery goals.</p> <p>The core values of our organization embraces the central tenets of the independent living philosophy. We believe that people should have a choice in the services that they receive and must be at the center of all treatment planning and goal identification.</p> <p>CLA as a trauma informed care organization embraces the principles of trauma based care and has a rich understanding and respect for an individual's journey towards health and wellbeing. We recognize the impact of social isolation and see great value in promoting opportunities for community connections and healthy interpersonal relationships.</p>	

# FOCUS COUNSELING INC.

<p><b>2901 INTERNATIONAL LANE STE 100 MADISON, WI 53704</b></p>	<p><b>Telephone:</b> (608) 405-2055 <b>Fax:</b> (608) 285-5215 <b>Website:</b> www.focuscounselingwi.com</p>
<p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Medication Management</li> <li>* Peer Support</li> <li>* Physical Health Monitoring</li> <li>* Psychotherapy</li> <li>* Substance Abuse Treatment</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>	<p><b>Ages Served:</b> 4 - 85+</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b> We do not provide prescriber services</p>
<p><b>Service Description</b></p> <p>One to one and group counseling and case management services for treatment of mental health and substance abuse disorders with emphasis on culturally competent service delivery.</p> <p>Employment training and support staff works one to one with clients to develop and enhance employment skills in preparation for on the job training opportunities designed to result in direct employment opportunities.</p> <p>Counseling staff with support from peer specialists and case management staff, work with clients toward enhancement of individual life skills including (but not limited to) improved hygiene and personal care, increased opportunities for stable housing, and increased social skills.</p>	

# FORWARD LEARNING YOUTH AND YOUNG ADULTS INC.

<p><b>4785 HAYES ROAD STE 200 MADISON, WI 53704</b></p> <p><b>2940 CHAPEL VALLEY ROAD STE 4 FITCHBURG, WI 53711</b></p>	<p><b>Telephone:</b> (608) 819-6390</p> <p><b>Fax:</b> (608) 807-5167</p> <p><b>Website:</b> www.flyy.org</p>
<p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Medication Management</li> <li>* Physical Health Monitoring</li> <li>* Psychotherapy</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>	<p><b>Ages Served:</b> 4 - 59</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b> We are not able to serve clients with serious violent sexual charges, actively psychotic, or in need of detox services.</p>
<p><b>Service Description</b></p> <p>Established in 2011, FLYY is a community-based nonprofit serving youth, young adults and their parents or caregivers throughout Dane County. Typical participants are between ages 6 – 35, and parents or caregivers of any age. What sets FLYY’s mental health programming apart from others is the methodological framework used with participants (experiential education, restorative justice practices, and a family systems approach), as well as a drive and commitment to carry out its mission and values. FLYY serves individuals and families using a strengths-based recovery model designed to support long-term success.</p> <p>FLYY offers the following services:</p> <ul style="list-style-type: none"> <li>• Individual Therapy/Psychoeducation</li> <li>• Individual Skill Development (Therapeutic Mentoring)</li> <li>• Parent Psychoeducation</li> <li>• Service Facilitation</li> </ul> <p>All services are designed to help strengthen the client’s family and support system and are tailored to the unique needs of each participant.</p> <p>In order to promote maximum therapeutic growth, sessions often happen in a non-office setting. Staff utilize the non-traditional environment of the session as a tool for success, integration, and to facilitate the growth process. A typical session might be held outdoors to allow not only for verbal processing, experiential modeling, and teaching, but also for healing of the spirit.</p> <p>Other sessions may take place at a coffee shop, a library, at one of FLYY’s two office locations, or within the community by learning to use public transportation or to access other local resources. FLYY is able to customize the support needed by each individual and can design a plan that helps each participant become a healthy, productive community member.</p>	



<p><b>2909 LANDMARK PLACE STE 102 MADISON, WI 53713</b></p>	<p><b>Telephone:</b> (855) 458-4966 <b>Fax:</b> (608) 841-1200 <b>Website:</b> www.healthymindsllc.com</p>
<p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Diagnostic Evaluations</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Medication Management</li> <li>* Peer Support</li> <li>* Physical Health Monitoring</li> <li>* Psychotherapy</li> <li>* Substance Abuse Treatment</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>	<p><b>Ages Served:</b> 4 - 85+</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b></p> <p><b>Languages:</b> Hmong</p>
<p><b>Service Description</b></p> <p>Service Description: HealthyMinds is a culturally affirming outpatient mental health clinic who base our success on our client's long-term good health. We have extensive experience with the LGBTQ population and specific experience working with gender transitioning individuals. We believe in personalized care based on client's mental health concerns and offer a wide array of psychosocial rehabilitation services to clients across the lifespan who have needs for ongoing, high or low-intensity services resulting from mental health or substance use disorders. The services and supportive activities we provide to CCS clients with mental health and/or substance use conditions allow them to achieve their highest possible level of independent functioning, stability, independence, and to facilitate recovery.</p> <p>Specializations: Behavioral Health, Individual Psychotherapy, Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Interpersonal Therapy (ITP), Acceptance and Commitment Therapy (ACT), Group Psychotherapy, Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Acceptance and Commitment Therapy (ACT), Addiction (Substance Use Disorder), Supporting parents and children through the facilitation of Nurtured Heart Approach® groups and home visits, Marriage and Family Therapy, Trauma Informed Therapy, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Acute Trauma Intervention Protocols (ATIP), Eye Movement Desensitization and Reprocessing (EMDR), Child and Adolescent mental Health, Mental Health Counseling, Psychological First Aid, Critical Incident Stress Management, Eye Movement Desensitization and Reprocessing (EMDR).</p> <p>Conditions Treated: Trauma, Crisis, Suicide Prevention, Substance Abuse, Victim Assistance, Sexual Abuse, Anxiety, Depression, Grief and Loss, Sports Psychology, Eating Disorders, Financial Discords, Life Transitions, Gender Transitioning.</p>	

# HEARTLAND ALLIANCE HEALTH

<p><b>715 RETHKE Avenue MADISON, WI 53714</b></p>	<p><b>Telephone:</b> (773) 751-4054  <b>Fax:</b> (773) 751-4175  <b>Website:</b> <a href="http://www.heartlandalliance.org/heartland-alliance-health/">www.heartlandalliance.org/heartland-alliance-health/</a></p>
<p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Medication Management</li> <li>* Physical Health Monitoring</li> <li>* Psychotherapy</li> <li>* Substance Abuse Treatment</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>	<p><b>Ages Served:</b> 18 - 85+</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b></p>
<p><b>Service Description</b></p> <p>Rethke Terrace is a 60-unit residential supportive permanent housing program that serves single adults (veterans and chronically homeless). Supportive services are provided by Heartland Alliance Health and are designed for current residents of the building. Starting in 2021 program staff will be available on-site 7 days a week (Sunday – Saturday). Rethke Terrace offers residents an independent, safe environment with on-site supportive services designed to assist residents in achieving long-term housing stability and to promote personal growth and well-being. Individual and group services that will be provided are: Linkage to psychiatric care, Linkage to primary care , On-site representative payee services, Substance use services, Life skills groups, Financial literacy, Counseling/Therapy, Linkage and assistance with completing benefits applications, Linkage and assistance with employment and vocational services, Advocacy, Linkage to other services as needed.</p>	

# HOPE INSPIRED LLC

<p><b>PO BOX 4 HOLLANDALE, WI 53544</b></p>	<p><b>Telephone:</b> (844) 467-3467  <b>Fax:</b> (844) 502-1200  <b>Website:</b> www.HopeInspiredWI.com</p>
<p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Diagnostic Evaluations</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Medication Management</li> <li>* Peer Support</li> <li>* Physical Health Monitoring</li> <li>* Psychotherapy</li> <li>* Substance Abuse Treatment</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>	<p><b>Ages Served:</b> 13 - 85+</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b></p>
<p><b>Service Description</b></p> <p>HOPE Inspired is a Service Facilitation and Array services agency that specializes in services to people who have experienced complex trauma and have substance use and/or mental health concerns. Staff have specialized experience/training in trauma treatment.</p> <p>We also have staff experienced in working with children, adolescents, and transitional age youth (18-21) who are looking for ways to increase their independence as young adults. Our staff utilizes a family systems as well as a person-in-environment approach with clients, where we recognize that there are many factors that contribute to child/adolescent/adult mental health/substance use concerns. We are experienced in working with school districts regarding best opportunities for success with struggling students.</p> <p>We work closely with community housing and employment agencies, the medical community, and other community resources.</p> <p>Additionally, staff is experienced in working with the criminal justice system and population, and provides emotionally safe, non-judgmental services for all clients, including advocacy in the court system.</p> <p>We believe unconditionally in people's strength, resourcefulness, and possibility. We work with compassion, integrity, and warmth with the aim that our clients leave our time together with a deeper sense of purpose, understanding, and empowerment to live life under their terms and with a sense of peace. The strengths that we see in people give us hope. The intention of our work is to help clients find where their hope comes from, because with hope, anything is possible.</p> <p>We combine best practices to fit the needs of our clients, and we collaborate with other CCS agencies to ensure our clients have the complete care and team they need to reach their goals.</p> <p>Hope Inspired offers:</p> <ul style="list-style-type: none"> <li>-Service Facilitation/Service Planning/Screening and Assessment-Adults and Children over the age of 10</li> <li>-Individual Skill Development and Enhancement</li> <li>-Individual and/or Family Psychoeducation</li> <li>-Employment Related Skill Development</li> <li>-Substance Abuse Treatment</li> <li>-Psychotherapy</li> </ul>	

# INSIGHT COUNSELING & WELLNESS, LLC

<p><b>2021 ATWOOD Avenue MADISON, WI 53704</b></p> <p><b>2002 ATWOOD AVE STE 205 MADISON, WI 53704</b></p>	<p><b>Telephone:</b> (608) 244-4859</p> <p><b>Fax:</b> (608) 244-6809</p> <p><b>Website:</b> www.insightmadison.com</p>
<p><b>Services Provided:</b></p> <ul style="list-style-type: none"><li>* SERVICE FACILITATION (assessment/planning)</li><li>* Diagnostic Evaluations</li><li>* Individual and/or Family Psychoeducation</li><li>* Individual Skill Development and Enhancement</li><li>* Physical Health Monitoring</li><li>* Psychotherapy</li><li>* Substance Abuse Treatment</li><li>* Wellness Management and Recovery/Recovery Support Services</li></ul>	<p><b>Ages Served:</b> 4 - 84</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b></p> <p><b>Languages:</b> Spanish</p>
<p><b>Service Description</b></p> <p>At Insight, we offer holistic interventions, which means that we consider wellness of each person's mind, body and spirit. We offer individualized attention and cater our services to the unique need of each person. We are skilled in employing body-centered therapies when appropriate, such as dance/movement therapy, somatic-expressive therapy and yoga therapy. We are also versed in mindfulness meditation and EMDR (eye movement desensitization and reprocessing). Our therapists are master's and doctoral-level professionals in counseling, social work or marriage and family therapy.</p>	

# JOURNEY MENTAL HEALTH CENTER

<p><b>802 E GORHAM Street MADISON, WI 53703</b></p> <p><b>1320 MENDOTA Street MADISON, WI 53714</b></p> <p><b>25 KESSEL Court STE 105 MADISON, WI 53711</b></p> <p><b>49 KESSEL Court MADISON, WI 53711</b></p>	<p><b>Telephone:</b> (608) 280-2700</p> <p><b>Fax:</b> (608) 280-2707</p> <p><b>Website:</b> www.journeymhc.org</p>
<p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Diagnostic Evaluations</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Medication Management</li> <li>* Peer Support</li> <li>* Physical Health Monitoring</li> <li>* Psychotherapy</li> <li>* Substance Abuse Treatment</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>	<p><b>Ages Served:</b> Birth - 85+</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b> We do not service individuals with advanced dementia. We work with many consumers who are registered on the Wisconsin Sexual Offender Registry but we do not provide sexual offender treatment.</p> <p><b>Languages:</b> French, German, Hmong, Spanish</p>
<p><b>Service Description</b></p> <p>At Journey Mental Health Center, CCS providers are able to provide all of the services on the array to consumers through their lifespan (child, adolescent and young, middle and older adults) in multiple programs. We work with individuals, their family members, CCS providers, and others that the person identifies as important in their recovery to support consumers in a holistic manner. These programs include:</p> <ul style="list-style-type: none"> <li>• Growth Recovery Outreach Wellness (GROW), an intensive case management program at Journey, offering service facilitation including supportive counseling, advocacy, vocational/educational supports, support around primary health care, and coordination of benefits. GROW provides CCS services in both clinic-based and community-based settings. GROW also includes our First Episode Psychosis specific program, Promoting Recovery from Onset of Psychosis (PROPs).</li> <li>• Yahara House (YH), a Clubhouse Model of mental health services, offers adults a path to recovery through relationships and work. YH members and staff work side by side building relationships with peers while learning important job skills. Service facilitation includes supportive counseling, member run self-help groups, supported employment, and transitional work experiences.</li> <li>• Journey's Outpatient Services offers an array of treatment modalities for psychotherapy in both group and individual settings, including: Cognitive Behavioral Therapy, Eye Movement Desensitization and Reprocessing, Seeking Safety, Dialectical Behavior Therapy Groups, Adults and Children Together, Child Parent Psychotherapy, Trauma Focused CBT, substance use treatment, and specialized treatment for trauma. This program also offers psychiatry/medication management. Psychotherapy and psychiatry is only available for consumers also receiving service facilitation at Journey.</li> </ul>	

## KEEPING FAMILIES TOGETHER LLC

<p><b>121 SOUTH BRISTOL STREET STE 102 SUN PRAIRIE, WI 53590</b></p>	<p><b>Telephone:</b> (608) 318-1496 <b>Fax:</b> (608) 318-1496 <b>Website:</b> www.keepingfamiliesinc.com</p>
<p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Peer Support</li> <li>* Psychotherapy</li> <li>* Substance Abuse Treatment</li> </ul>	<p><b>Ages Served:</b> 4 - 64</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b></p>
<p><b>Service Description</b>          Keeping Families Together, LLC provides a approach to dealing with individuals and/or families who suffer, from mental illness and/or dually diagnosed disorders. We believe in a holistic approach that addresses the consumers immediate needs and underlying problems. We welcome all individuals regardless of their race, gender, sexual orientation, and/or religious beliefs. Our mission is to enhance the dignity and quality of life of individuals from all walks of life by strengthening families and helping to eliminate barriers to opportunity. We believe that a true continuum of care includes treatment services, intervention services as well as preventive and educational services. Our staff consist of license substance professionals and mental health providers with over 20 years of experience working with vulnerable populations. We specialize with reducing the rates of recidivism amongst individuals who has been involved with the criminal justice system.</p>	

## LUTHERAN SOCIAL SERVICES - Service Facilitation & Outpatient CCS

<p><b>1904 WINNEBAGO STREET MADISON, WI 53704</b></p>	<p><b>Telephone:</b> (608) 448-1011  <b>Fax:</b> (608) 270-6651  <b>Website:</b> www.lsswis.org</p>
<p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Peer Support</li> <li>* Psychotherapy</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>	<p><b>Ages Served:</b> 4 - 85+</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b></p>
<p><b>Service Description</b></p> <p>The Service Facilitators within Lutheran Social Services provides community-based care coordination services to individuals with high level needs across multiple environments. This staff will provide assessment services, including an in-depth mental health and substance use assessment identifying consumer strengths and needs; works with the consumer/family to identify goals; and facilitates monthly team meetings. The service facilitator ensures the recovery plan and service delivery for consumers is coordinated, monitored and designed to support the consumer in a manner that helps them achieve the highest level of independent functioning.</p> <p>Lutheran Social Services also provides psychotherapy services through our community-based service array. We utilize evidence-based practices to create an individualized approach to meeting a consumer's mental health and substance abuse needs.</p>	

# MADISON TRAUMA THERAPY LLC

<p><b>4785 HAYES Road</b>  <b>STE 201</b>  <b>MADISON, WI 53704</b></p>	<p><b>Telephone:</b> (608) 509-9287  <b>Fax:</b> (608) 630-8089  <b>Website:</b> www.madisontrauma.com</p>
<p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Diagnostic Evaluations</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Peer Support</li> <li>* Psychotherapy</li> <li>* Substance Abuse Treatment</li> </ul>	<p><b>Ages Served:</b> 4 - 79</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b></p>
<p><b>Service Description</b></p> <p>At Madison Trauma Therapy (MTT) we empower people to develop their own recovery goals and choose the members of their recovery team. We are here to support and guide people on their journey toward recovery through:</p> <ul style="list-style-type: none"> <li>• Spirituality – an important component to recovery for many people. We are competent in this area and comfortable engaging people of any faith background.</li> <li>• Creativity</li> <li>• Art Studio – use of many mediums, colors and materials to creatively reframe challenges.</li> <li>• Close collaboration – we keep communication open between clients and all members of their recovery team.</li> <li>• Relaxation Room – use of Biomat for pain and stress management.</li> <li>• Patience – Not our pace, your pace. This is your recovery.</li> </ul> <p>One thing unique about MTT is that our staff is characterized by Christian beliefs that inform who we are as people and as helpers in our community. We come from a variety of faith backgrounds and denominations, and we desire to work together to make a positive impact on those around us. We welcome people of all beliefs and backgrounds and are highly respectful of each person's individual story and what each person brings to the recovery process.</p>	



# MONARCH ADDICTION RECOVERY CLINICS, S.C.

<p><b>521 EAST WASHINGTON AVE. MADISON, WI 53703</b></p>	<p><b>Telephone:</b> (608) 729-9388  <b>Fax:</b> (888) 384-2618  <b>Website:</b> <a href="https://www.monarchrecovery.com/">https://www.monarchrecovery.com/</a></p>
<p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Diagnostic Evaluations</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Medication Management</li> <li>* Physical Health Monitoring</li> <li>* Psychotherapy</li> <li>* Substance Abuse Treatment</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>	<p><b>Ages Served:</b> 18 - 85+</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b> In order to maximize the resources available to our patients, we are limiting our services to those with substance use disorders, particularly alcohol and opioid use disorders. We are happy to provide treatment for other mental health struggles as well for our patients suffering from addiction, but patients with isolated mental health needs would be best served at one of the many other CCS agencies with that primary focus.</p>
<p><b>Service Description</b>          The focus of Monarch Health is to provide comprehensive, wrap-around care for patients with substance use disorders, particularly opioid and alcohol addictions. We provide medication-assisted treatment using buprenorphine (Suboxone), naltrexone (Vivitrol), and other evidence-based medications to help patients suffering from opioid and alcohol addiction in their recovery process, all in an outpatient setting. To round out our medical services, we also embrace and offer on-site counseling, case management, psychiatric consultation, and support groups as part of our comprehensive recovery program.</p>	

<p><b>2810 CROSSROADS DRIVE STE 4000 MADISON, WI 53718</b></p>	<p><b>Telephone:</b> (608) 212-1304 <b>Fax:</b> <b>Website:</b></p>
<p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Diagnostic Evaluations</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Medication Management</li> <li>* Physical Health Monitoring</li> <li>* Psychotherapy</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>	<p><b>Ages Served:</b> 18 - 85+</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b> Neu K services are bilingual and culturally appropriate, designed to make mental health services accessible and acceptable to Southeast Asian individuals and families in Dane County. The programs offer services in both traditional and nontraditional settings that reflect the cultural values, traditions, and beliefs of Hmong, Lao, and Khmer people.</p>
<p><b>Service Description</b>            Services are based on wrap-around and holistic models. This program also works with natural healers such as shaman, spiritual, and other tradition healing methods appropriate to the needs of the population and clients.</p> <p>Neu K LLC provides socialization and psychosocial and psychiatric treatment and support so participants can continue to live with their families. It does this in a way that creates harmony between western views on medicine and mental health and traditional Southeast Asian cultures.</p> <p>Specific needs addressed include outreach, transportation, culture brokering with health and human service agencies, mental health services and case management, medical attention, and socialization opportunities. Effective services to this population require an understanding of Southeast Asian cultures and respectful attention to the cultural aspects of service and treatment options.</p> <p>Services provided include cultural brokering, clinical/mental health case management, transportation, psychosocial group support, psychiatric evaluations and medication reviews, psychotherapy, group therapy, individual and family counseling, translation, daily noon meals, field trips, citizenship/English classes, and social advocacy.</p>	

# OPEN DOOR CENTER FOR CHANGE LLC

<p><b>6502 GRAND TETON Plaza</b>  <b>STE 102</b>  <b>MADISON, WI 53</b></p> <p><b>2820 WALTON COMMONS</b>  <b>STE 128</b>  <b>MADISON, WI 53718</b></p>	<p><b>Telephone:</b> (608) 827-7220</p> <p><b>Fax:</b> (608) 827-7223</p> <p><b>Website:</b> www.opendoorcfc.com</p>
<p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Diagnostic Evaluations</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Psychotherapy</li> <li>* Substance Abuse Treatment</li> </ul>	<p><b>Ages Served:</b> 4 - 84</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b></p> <p><b>Languages:</b> Spanish</p>
<p><b>Service Description</b></p> <p>Open Door Center for Change is a full-service outpatient mental health clinic that provides a range of services to people throughout the lifespan. Our clinicians have a wide variety of training and specializations including Neurofeedback, TRE, EMDR, and DBT. All of our clinicians work from a trauma-informed and client centered perspective.</p> <p>We provide a full service dialectical behavior therapy program to individuals as young as 13 years of age. The program includes: weekly skills training group (core mindfulness, interpersonal effectiveness, emotion regulation, and distress tolerance skills), weekly individual therapy, daily diary cards, 24/7 phone coaching and parent/caregiver involvement. This evidence based treatment serves clients who have demonstrated difficulty managing emotions, impulsive behaviors and suicidal thoughts.</p> <p>Bilingual (Spanish/English) psychotherapy is available.</p> <p>Service Facilitation is available for Adolescents and Adults.</p>	

<p><b>313 PRICE Place STE 111 MADISON, WI 53705</b></p>	<p><b>Telephone:</b> (608) 886-9373 <b>Fax:</b> (608) 440-2846 <b>Website:</b> www.orchestrax.org</p>
<p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Diagnostic Evaluations</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Medication Management</li> <li>* Peer Support</li> <li>* Physical Health Monitoring</li> <li>* Psychotherapy</li> <li>* Substance Abuse Treatment</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>	<p><b>Ages Served:</b> 4 - 85+</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b></p>
<p><b>Service Description</b></p> <p>Orchestra X offers a wide array of client-centered solution-focused recovery wellness services. Our highly experienced providers work with youth, families, and adults including the elderly population. We at OX believe that the essence of healing starts with utilizing a person's inherent strength and innate creativity and talent.</p> <p>We will work with you in your mental health/substance use recovery journey. With respect, care, and joining through active listening, empathy, and humor we will honor your path and will be honored to be a part of your journey.</p> <p>We believe that community is a powerful part of recovery. We can work with you in the community, or wherever is best for you. Services we provide include Strength Based psychotherapy approaches including Narrative Therapy, Cognitive Behavioral Therapy (CBT) and Solutions Focused Therapy. Orchestra X Providers are trained in several modalities of Trauma Recovery.</p> <p>Many of our Providers are Certified Substance Abuse Counselors and recovery from addiction is foundational to our Recovery Mission at Orchestra X. You will receive care through all stages of Substance Use Recovery in a supportive caring therapeutic environment.</p> <p>We provide a wide range of skills-based development services with specializations in housing, education, medication management and physical health monitoring. In partnership with Chrysalis, we provide cutting- edge employment services. We also provide Service Facilitation, individual and family psychoeducation, as well as Peer Support Services.</p> <p>At Orchestra X we commit to meeting and engaging you where you are. We will walk alongside you to achieve your goals, realize your dreams, and become your best.</p>	

# ORION FAMILY SERVICES

<p><b>6333 ODANA Road STE 20 MADISON, WI 53719</b></p>	<p><b>Telephone:</b> (608) 270-2511 <b>Fax:</b> (608) 270-0467 <b>Website:</b> <a href="http://www.orionfamilyservices.org">www.orionfamilyservices.org</a></p>
<p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Psychotherapy</li> </ul>	<p><b>Ages Served:</b> Birth - 21</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b> We would be unwilling to serve consumers who present a safety threat to Orion Staff</p>
<p><b>Service Description</b></p> <p>Orion Family Services is a private, nonprofit organization which serves children, adolescents and families throughout Wisconsin. Orion's programs are dedicated to providing compassionate treatment services to troubled children and their families. Services include outpatient and in-home individual and family therapy to children, adolescents and families as well as a range of other critical outreach services, such as Service Facilitation and Individual Skills Development.</p> <p>The Orion Intensive In-Home Family Therapy Program is designed for treatment of children and adolescents experiencing severe emotional, behavioral, and social difficulties within their home, school or community. Including families in treatment when working with children and adolescents is an approach that improves individual and family functioning. Although the identified client is the child or adolescent, the program's focus includes treatment that supports the family in resolving their difficulties. The philosophy of the program is that everyone in the family is responsible, but no one is to blame. Treatment emphasis is placed up on enhancing family strengths and supporting positive changes in the family system, in order to improve the overall functioning of the child. Therapists work with families to increase family cohesion and effective communication, and to create a supportive family environment where negative behaviors are reduced and positive behaviors increased. Parenting skills education is incorporated in treatment in either a formal curriculum-based approach (through out Parent Skill-Builder Program) or informally as needed. For families impacted by trauma, we help healing occur through the use of trauma-informed treatment approaches such as Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT). Orion has clinicians that have obtained advanced training in the utilization of this evidence-based and highly effective model for resolving trauma and reducing resultant emotional, behavioral, and interpersonal issues.</p>	

<p><b>1334 DEWEY Court MADISON, WI 53703</b></p>	<p><b>Telephone:</b> (608) 250-6634 <b>Fax:</b> (608) 250-6637 <b>Website:</b> www.risewisconsin.org</p>
<p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Diagnostic Evaluations</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Medication Management</li> <li>* Peer Support</li> <li>* Physical Health Monitoring</li> <li>* Psychotherapy</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>	<p><b>Ages Served:</b> 4 - 49</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b> We do not currently have a psychiatrist on site, but we are well connected to psychiatrists in the community and are prepared to help link you with this service.</p>
<p><b>Service Description</b></p> <p>At RISE, we specialize in transitions of all kinds, because change can be hard. We know that feeling overwhelmed and stressed can get in the way of living the life you want. We are here to support you in identifying and learning new skills. Youth, young adults, parents and families are served with care and compassion.</p> <p>We walk with you in building your hopes and dreams, grounded in mental health and substance use recovery. You decide what services will help you reach your goals, and we will get you connected. You have many kinds of support to choose from. We are flexible and will meet you where it works best for you, and we provide a variety of services tailored to your wellness goals.</p> <p>In addition to our service facilitation at RISE, you can access Psychotherapy, Individual Skills Development (ISD), individual and family psychoeducation, peer and parent support and vocational training. Through our team's partnership with Chrysalis and the Department of Vocational Rehabilitation (DVR), we offer state-of-the-art employment support to help you reach your goals. Finding a therapist, securing stable housing, getting connected to a doctor, finding the right support at school, and figuring out benefits (SSDI, Section-8, food assistance) can all happen while you are with us.</p> <p>RISE values lived experience; our certified peer and parent peer specialists have experienced mental health/ substance use challenges or have parented children who have struggled. Because we have been in your shoes, we value your individual voice and choice in your own recovery journey and are able to walk along-side you.</p> <p>We look forward to meeting you!</p>	

# SOAR CASE MANAGEMENT SERVICES, INC

<p><b>2132 Fordem Avenue Madison, WI 53714</b></p>	<p><b>Telephone:</b> (608) 287-0839 <b>Fax:</b> (608) 287-0840 <b>Website:</b> www.soarcms.org</p>
<p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Diagnostic Evaluations</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Medication Management</li> <li>* Peer Support</li> <li>* Physical Health Monitoring</li> <li>* Psychotherapy</li> <li>* Substance Abuse Treatment</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>	<p><b>Ages Served:</b> 18 - 85+</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b> SOAR only provides substance abuse treatment to clients who are dually diagnosed with a mental health disorder.</p>
<p><b>Service Description</b></p> <p>SOAR Case Management, Inc. is a non-profit, recovery-based provider of community mental health services. SOAR was founded in 1997 on the belief that mental health consumers can and will recover if they are given the tools to become self-sufficient and follow their hopes and dreams. SOAR's mission is to assist consumers in developing their capabilities, talents, and aspirations in a culturally responsive, trauma-informed, and recovery-oriented manner. SOAR's approach to case management has always put a strong emphasis on peer support as a primary component of the service delivery continuum. Currently over 75% of SOAR's staff identify as mental health consumers. Furthermore, 100% of SOAR's Board of Directors identify as mental health consumers. This in-depth understanding of the mental health and substance use systems, both from a consumer and clinician stance, ensures that consumers at SOAR remain the drivers of their own treatment and recovery.</p> <p><b>Case Management:</b> SOAR's Service Facilitation relies on the principles of self-determination, autonomy, empowerment, respect, and collaboration to tailor individualized community based treatment for adults living with mental health and substance use issues. Our solution-focused, holistic approach to case management puts consumers first and understands that each person is the "expert of their own experience." Our case managers seek to understand the unique life experiences, successes, and challenges of each consumer and work in a culturally responsive, trauma informed manner with consumers on their recovery journey. Service Facilitators work to coordinate and provide a wide array of office and community-based services including: Housing Support/Assistance, Crisis Management, Benefit Management, Psychiatry Referral/Coordination, Physical/Dental Health Needs, Individual and Group Therapy/Counseling Services, Medication Management, Peer Support Services, Daily Living Skills, and Money Management.</p> <p><b>DHS CH. 35 Outpatient Psychiatry Clinic:</b> Our Psychiatrist works directly with our consumers and their case managers in a collaborative, holistic manner to work to find creative solutions to individual challenges and concerns. Within our DHS 35 clinic, SOAR offers medication management, diagnostic/psychiatric evaluations, and psychotherapy. Additionally, consumers have access to RN services including lab monitoring, medication assistance/administration, and basic physical health monitoring.</p> <p><b>Peer Lead Groups:</b> Recovery Dane Peer Supports facilitate multiple weekly groups that may include coping with anxiety and depression, Yoga, Mindfulness on your journey, Hearing Voices, and writing your way to wellness. Currently, due to COVID-19, peer led groups are being held virtually and on a more limited schedule. Please contact Recovery Dane for full group schedule.</p> <p><b>Solstice House:</b> Solstice House is a peer run respite that aims to provide a stable and supportive home-like environment run by, and for, individuals with lived experiences of mental health and/or substance use concerns. Currently, due to COVID-19, the house is closed to guests. However, Solstice House also offers a "Warmline" call service to any Wisconsin Resident in need of telephonic peer support services.</p>	

# STAY FOCUSED COUNSELING LLC

<p><b>313 W BELTLINE Highway</b>  <b>STE 185</b>  <b>MADISON, WI 5371</b></p>	<p><b>Telephone:</b> (608) 960-4726  <b>Fax:</b> (608) 729-3774  <b>Website:</b> www.stayfocusedcounseling.com</p>
<p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Medication Management</li> <li>* Psychotherapy</li> <li>* Substance Abuse Treatment</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>	<p><b>Ages Served:</b> 13 - 85+</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b></p>
<p><b>Service Description</b></p> <p>Stay Focused Counseling LLC is designed to tap into various aspects of your life. We will focus on the areas that are causing you difficulty and have room for improvement.</p> <p>Stay Focused on Healthy Relationships: This is geared toward domestic violence education. We will explore how you may be hurting others as well as how you may be abused and the steps you can take to make positive changes in your intimate relationships.</p> <p>Stay Focused on Healthy Living: There are a variety of factors that contribute to your health and wellness. This includes nutrition, physical fitness, stress management, and building a winning self-image. We will find ways to address any anxiety or depression you may be experiencing so you can be more comfortable with your existence.</p> <p>Stay Focused on Freedom: It takes just a moment of weakness to behave in a way that can result in a consequence which results in a period of confinement, such as jail or prison. We will analyze your thoughts, which, in turn, influence your feelings, that govern your behavior for which you need to take responsibility.</p> <p>Stay Focused on Career Development: It is never too late to make positive strides in your life to become a better person and make positive contributions to society. We will build a winning resume and practice interviewing skills to help prepare you for the work arena. The goal is to find work that is meaningful and for which you are passionate.</p>	



# TELLURIAN INC

<p><b>300 FEMRITE Drive MONONA, WI 53716</b></p> <p><b>5900 MONONA Drive MONONA, WI 53716</b></p> <p><b>2914 INDUSTRIAL DRIVE MADISON, WI 53713</b></p> <p><b>1053 WILLIAMSON STREET MADISON, WI 53703</b></p> <p><b>4915 MONONA DRIVE MONONA, WI 53716</b></p>	<p><b>Telephone:</b> (608) 663-2120</p> <p><b>Fax:</b> (608) 222-6694</p> <p><b>Website:</b> www.tellurian.org</p>
<p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Diagnostic Evaluations</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Medication Management</li> <li>* Peer Support</li> <li>* Physical Health Monitoring</li> <li>* Psychotherapy</li> <li>* Substance Abuse Treatment</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>	<p><b>Ages Served:</b> 18 - 85+</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b></p>
<p><b>Service Description</b></p> <p>At Tellurian we have over 40 years' experience providing services to adults living with mental health and/or substance use changes. We understand that everyone's path to recovery is unique and work to provide services that tailor to the individual's needs and wants.</p> <p>Our service facilitation teams (CIT and MAT) are proud to provide individualized, strength-based, and trauma-informed support to adults. Individuals connected with CIT may or may not be able to utilize psychiatry, depending on availability.</p> <p>Our dually trained therapists at our Outpatient offices in Monona provide a wide array of counseling and assessment services for individuals with substance use and/or mental health issues. Our team provides individual, group, and/or family counseling when appropriate.</p> <p>Our dually trained clinicians at our Intensive Outpatient Program office in Madison provide morning and evening group sessions to accommodate your schedule. All groups are conducted four hours per day, four days per week (Tues.-Fri.). In addition to the daily group sessions, individuals additionally receive one hour per week of one-on-one individual therapy (family counseling is also available and recommended). The Intensive Outpatient Program is an approved provider for Dane County's Intoxicated Driver program.</p> <p>Our peer support specialists with PAIR (Peer Advocate in Recovery) team provides community based support from their unique perspective with lived experience.</p>	

# THE HMONG INSTITUTE INCORPORATED

<p><b>4402 FEMRITE Drive MADISON, WI 53716</b></p> <p><b>5310 ARAPAHOE LANE MADISON, WI 53704</b></p>	<p><b>Telephone:</b> (608) 628-3901</p> <p><b>Fax:</b> (608) 222-4903</p> <p><b>Website:</b> <a href="http://www.thehmonginstitute.org">www.thehmonginstitute.org</a></p>
<p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Medication Management</li> <li>* Peer Support</li> <li>* Physical Health Monitoring</li> <li>* Psychotherapy</li> <li>* Substance Abuse Treatment</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>	<p><b>Ages Served:</b> Birth - 85+</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b></p> <p><b>Languages:</b> Hmong, Khmer, Laotian, Nepalese, Thai, Tibetan</p>
<p><b>Service Description</b></p> <p>We provide culturally and linguistically responsive services to Southeast and East Asian clients. We provide nontraditional psychosocial rehabilitative services such as the use of a monk, soul caller, or shaman to perform spiritual ceremony to unite the body and soul. These nontraditional services help restore the client's functional capabilities and increase community living ability as well as the ability to carry out activities associated with daily living. Service facilitation activities that we ensure the member receives are: bilingual assessment services, service planning, service delivery and supportive activities. We also provide psychotherapy, psychoeducation, and peer support services to promote wellness and self-direction, including individual skill development and enhancement services for problem solving, decision-making, self-regulation, daily living skills related to personal care, household tasks, financial management, and connecting to community resources and services.</p>	

# THE PSYCHOLOGY CLINIC, INC.

<p><b>310 N MIDVALE Boulevard</b>  <b>STE 202</b>  <b>MADISON, WI 53705</b></p> <p><b>5555 ODANA ROAD</b>  <b>STE 202</b>  <b>MADISON, WI 53719</b></p>	<p><b>Telephone:</b> (608) 852-8585</p> <p><b>Fax:</b> (608) 238-1929</p> <p><b>Website:</b> www.thepsychologyclinicinc.com</p>
<p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Diagnostic Evaluations</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Medication Management</li> <li>* Physical Health Monitoring</li> <li>* Psychotherapy</li> <li>* Substance Abuse Treatment</li> </ul>	<p><b>Ages Served:</b> 4 - 85+</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b></p> <p><b>Languages:</b> Mandarin</p>
<p><b>Service Description</b></p> <p>Service Description: The Psychology Clinic, Inc., is a multifaceted outpatient mental health clinic serving children, adolescents and adults. Our staff have extensive experience in crisis intervention services and we specialize in working with clients with complex mental health and situational needs. Some service array providers are also able to meet outside of regular business hours to meet client's mental health needs while continuing to meet their other demands.</p> <p>We have assembled a multidisciplinary team to provide a broad range of traditional and innovative professional services. Staff will be providing a variety of trauma informed approaches to services, including Kathy Goerman who is trained in somatic experiencing- working with the nervous system to help with regulation and healing, which can be helpful working with trauma, somatic complaints, depression, anxiety and more.</p> <p>We have developed an approach that is designed to be responsive to people's needs in a wide variety of circumstances.</p> <p>Services:</p> <ul style="list-style-type: none"> <li>• Culturally-sensitive psychotherapy for individuals, couples, families and groups. We work with clients wherever it is most effective do so – in our office or in their homes. We encourage clients to take an active role in shaping their counseling treatment plans.</li> <li>• Service facilitation for children, adolescents and adults. We pride ourselves in providing responsive, compassionate and individualized case management services.</li> <li>• Medication management with prescribing for youth and adults with experience including first episode psychosis.</li> <li>• Diagnostic Evaluations performed in a thorough and timely manner.</li> <li>• Psychoeducation for children, adolescents and adults provided in a setting designed to maximize effective learning for clients.</li> <li>• Family/Individual skill development and enhancement services for various needs including (but not limited to) organization, coping skills, social skills, community resources, employment seeking, time management, mental focus, emotional regulation, and problem-solving.</li> <li>• Substance abuse treatment for adolescents and adults.</li> <li>• Wellness management and recovery support services for clients of all ages.</li> </ul>	

<p><b>6441 ENTERPRISE LANE STE 101 MADISON, WI 53719</b></p> <p><b>996 STORYTOWN ROAD BROOKLYN, WI 53521</b></p>	<p><b>Telephone:</b> (608) 400-3672</p> <p><b>Fax:</b> (608) 422-4006</p> <p><b>Website:</b> www.triquestrian.com</p>
<p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Diagnostic Evaluations</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Medication Management</li> <li>* Peer Support</li> <li>* Physical Health Monitoring</li> <li>* Psychotherapy</li> <li>* Substance Abuse Treatment</li> <li>* Wellness Management and Recovery/Recovery Support Services</li> </ul>	<p><b>Ages Served:</b> 4 - 85+</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b></p>
<p><b>Service Description</b></p> <p>Office Based Services: Triquestrian provides traditional office based psychotherapy for adolescents and adults. Our skilled therapists work with a variety of mental health and substance use issues including but not limited to Anxiety, Depression, BiPolar Disorder, Eating Disorders, Substance Use Disorders, Borderline Personality Disorder, Gender Identity, and Trauma. We tailor our services to meet the needs of each person we are working with utilizing CBT, DBT, Motivational Interviewing, Somatic Experiences, EMDR, and a variety of other approaches. We also provide Medication Management, Physical Health Monitoring, Individual Skill Development and Enhancement, Employment Related Skill Development, Individual and/or Family Psychoeducation, Psychotherapy and Substance Abuse Treatment. We are working to add Prescriber services, Peer Support, and Wellness Management and Recovery/Recovery Support Services. Triquestrian also provides Service Facilitation services helping connect individuals with resources in the community. Our Service Facilitators will work directly with the individual to identify goals and develop plans that fit their needs to reach their goals.</p> <p>Equine Assisted Psychotherapy and Equine Assisted Learning Services: Triquestrian also provides Equine Assisted Psychotherapy and Equine Assisted Learning. Our mission is to provide the community with opportunities for growth and learning through connection and relationship building with horses. We focus on Trauma Focused – Equine Assisted Psychotherapy (TF-EAP™) utilizing Natural Lifemanship. TF-EAP™ is based on the neuroscience of human and horse brain development, the impact of trauma, and the role of relationships in recovery and healing. It is principle based with a focus on assisting participants to create new neural pathways while learning regulation strategies in a trauma focused approach. TF-EAP™ Relationship Logic™ services focus on developing healthy relationship patterns by building a relationship with a horse focused on felt sense of safety, regulation, and connection for all. No riding is involved and no horse experience is required. Our TF-EAP™ Rhythmic Riding program focuses on helping participants deepen their sense of connection with themselves and their horse while experiencing somatosensory input through bottom up regulation thereby creating and strengthening neural pathways.</p>	

# TRUE BELIEVERS, LLC

<p>8383 GREENWAY Boulevard STE 600 MIDDLETON, WI 535</p> <p>2984 TRIVERTON PIKE DRIVE STE 104 FITCHBURG, WI 53711</p> <p>2976 TRIVERTON PIKE DRIVE STE 206 FITCHBURG, WI 53711</p>	<p><b>Telephone:</b> (608) 826-7448</p> <p><b>Fax:</b> (608) 467-2435</p> <p><b>Website:</b></p>
<p><b>Services Provided:</b></p> <ul style="list-style-type: none"> <li>* SERVICE FACILITATION (assessment/planning)</li> <li>* Employment-Related Skill Training</li> <li>* Individual and/or Family Psychoeducation</li> <li>* Individual Skill Development and Enhancement</li> <li>* Medication Management</li> <li>* Physical Health Monitoring</li> <li>* Substance Abuse Treatment</li> </ul>	<p><b>Ages Served:</b> 4 - 69</p> <p><b>Service Location:</b> Home, Office, Other Place of Service</p> <p><b>Service Limitations:</b></p>
<p><b>Service Description</b></p> <p>True Believers, LLC is an agency that provides intensive case management and service facilitation to adults of all ages in Dane County. Our staff consists of licensed substance abuse and mental health providers with over 20 years experience providing case management and advocacy to consumers. We believe that our consumers have the right to be treated with the upmost dignity and respect in all aspects of their lives. Our belief system is meet people where they are and help them improve optimum living and well being. Our agency strives to meet our consumers hierarchy of needs by addressing issues that they face such as housing, lack of employment, no insurance, lack of support, legal problems, unresolved health concerns, and many more.</p>	