2022-2024 Dane County Aging Plan

Electronic Survey for Stakeholders

The Area Agency on Aging of Dane County is looking for your thoughts and ideas that will help us improve programs and services for the residents of Dane County as they age. Your responses will help us develop a plan for 2022-2024 that will guide our work and funding of existing and needed programs. Thank you for your valuable input!

- 1. What are the **top five** issues, problems, and challenges adults age 50+ living in Dane County are facing now and into the future? *Please check your <u>top five</u> responses.*
 - □ <u>Home</u>: Lack of professional workforce for in home care
 - □ <u>Home</u>: Lack of enough safe, affordable housing
 - □ <u>Health</u>: Lack of planning for potential medical or other health crisis situations
 - □ <u>Health</u>: Changes to the body or physical capabilities
 - <u>Financial</u>: Lack of affordable dental care
 - □ Financial: Lack of affordable health care and prescription drugs
 - <u>Financial</u>: Lack of mental or behavioral health providers who accept Medicare
 - □ <u>Financial</u>: Inability to retire and support self/family
 - □ Lifestyle: Meaningful opportunities for staying engaged in the community
 - □ <u>Lifestyle</u>: Social isolation/loneliness
 - □ <u>Lifestyle</u>: Transportation after they can no longer drive
 - □ <u>Lifestyle</u>: Ageism in employment/meaningful employment
 - Other: Lack of knowledge in selecting health care coverage and benefit coordination
 - □ <u>Other</u>: Unawareness of aging resources
 - Other: _____
- 2. What are the **top five** things that need to improve to help adults living in Dane County as they age? *Please check your <u>top five</u> responses.*
 - □ <u>Home</u>: Affordable home modifications for aging in place
 - □ <u>Home</u>: In-home support for daily living, both personal care and chores
 - □ <u>Home</u>: Safe and affordable housing options
 - Health: Assistance coordinating/managing medical appointments and health care services
 - □ <u>Health</u>: Dementia supports and services
 - □ <u>Health</u>: Help understanding Medicare and drug plan choices
 - □ <u>Health</u>: Preventative health services like blood pressure checks and nail clipping
 - □ <u>Health</u>: Ways to keep fit and healthy through physical activity
 - □ <u>Lifestyle</u>: Alternative transportation services
 - □ Lifestyle: Delivery/meal options for healthy food
 - □ Lifestyle: Social activities to help with social isolation and loneliness
 - □ Lifestyle: Financial and emotional support for family caregivers
 - □ Lifestyle: Technology assistance/broadband

- Other: Free legal services to complete wills and Power of Attorney documents for health care and finances
- □ <u>Other</u>: Culturally specific services/activities
- Other: ______
- Please tell us about any services or events offered outside of Dane County that would be helpful to older people living in Dane County. [Text box here for open responses]

These next two questions focus on caregiving or helping others. Please check the last response of they do not apply to you.

 As a caregiver or "helper" for a partner, spouse, adult family member, or friend who are age 60+, what top five services or resources are most important for Dane County to provide? *Please check your <u>top five</u> responses*.

- □ For them: Adult Day Care
- □ <u>For them</u>: Assistance with personal care
- □ For them: Assistive devices like lift chairs, stair lifts, alarms, or technology
- □ <u>For them</u>: Companionship for your care partner
- □ <u>For them</u>: Home modification support to assist aging in place
- □ <u>For them</u>: Stimulating activities like music or art therapy
- □ <u>For them</u>: Transportation to appointments
- □ <u>For them</u>: Help with housekeeping chores and cleaning
- □ <u>For them</u>: Help with heavy chores such as lawn care or snow removal
- □ <u>For them</u>: Meals delivered or prepared in the home
- For them: Personal emergency response systems such as Bay Alarm Medical, Life Alert, Medical Alert, MobileHelp, and OneCallAlert
- □ <u>For you</u>: Education on caregiving topics like dementia behaviors, showering help, and self-care
- □ <u>For you</u>: Respite care for a vacation or regular time away
- Example 2 For you: Self-care services such as massage, yoga class, or gym membership
- **<u>For you</u>**: Support groups and/or activities for caregivers to meet and share with others
- Other: _____
- \Box Does not apply to me

- 5. What **top three** resources or services should be available for grandparents and relative caregivers raising children up to age 18 and living in Dane County? *Please check your <u>top</u> <u>three</u> responses.*
 - □ <u>For them</u>: Day camps or day care for the grandchild(ren)
 - For them: Participation fees for the grandchild(ren) to do sports, arts, music, and other activities
 - □ <u>For them</u>: Tutoring for academic classes
 - □ <u>For you</u>: Grandparent support groups
 - □ For us: Family membership to the YMCA, pool, or similar
 - □ <u>For us</u>: Transportation to activities
 - □ <u>For us</u>: Home modification to create private space for grandchild(ren)
 - □ <u>For us</u>: Assistance with technology
 - Other:
 - \Box Does not apply to me

Please tell us about yourself:

How old are you?

- □ 49 or younger
- □ 50 59
- □ 60 69
- □ 70 79
- □ 80 89
- □ 90 or older
- □ Prefer not to answer

Are you a caregiver or helper to someone age 60+?

- ☐ Yes
- 🗆 No

Do you or an aging person you care for/help live in Dane County?

- □ Yes
- □ No

Do you or any of the older people you help live in a <u>rural</u> area of Dane County?

- □ Yes
- No
- □ Not applicable, no one lives in Dane County

We want to make sure the voices of underrepresented people are heard. Self-identifying into these categories will let us look more closely at the needs of people like you.

I am...

			Prefer not
	Yes	No	to answer
LGBTQIA+			
A person of color (non-white, also referred to as BIPOC or POC)			
Living in poverty			
Living with a disability			
Living alone			
More comfortable speaking a language other than English			

Are you employed by an organization that receives Dane County funding for aging services?

□ Yes

□ No